

The Official Newsletter of The Association of Canine Water Therapy

Dedicated to and Inspired by the Dogs in our lives

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## A Time for K9 Rejuvenation!

## By Rema Strauss www.k9rejuvenation.com

January 8, 2006 at 7:43 p.m. I am working as a 911 police dispatcher when my husband, the officer at the other end of the radio, told me he was out with three jaywalkers; seems safe enough. Within three minutes he had been critically shot; the bullet breaking the clavicle on the way in, crossing through his trachea, which took several hours in surgery to repair, punctured a lung as it continued through his body and broke a rib on the way out. He cheated death by a hair and was given another chance at life.

Why is this so important and how did it play a part in the opening of *k9rejuvenation*? Because it made me realize how short life is, how blessed we are, and that to return our blessings is what life is about. But how do I give back?



Rema with Zelda and Justice

What is my passion? What do I love to do? Who or what has blessed me the most? The answer was loud and clear. DOGS!!

So my quest to find a way to give back to dogs began. About a year later I went with a friend to Cindy Hickman's Aquadog Spa in Kent, WA. My friend's dog had a TPLO repair and swimming was doing wonders for her recovery. I had never even heard of water therapy for dogs and was quite curious. All at once I knew what Dr. Phil means by a "defining moment" and I felt like my quest had come to an end. Soon though I found out how little I really knew. I have since realized that the path of natural healing is literally ENDLESS.

I started out at the Northwest School of Animal Massage with small animal massage certification. Then I discovered Cindy Horsfall's La Paw Spa water therapy classes. While attending her Level 1 class I learned about Reiki and animal communication. Then there is TTouch<sup>TM</sup>, and aromatherapy, and acupressure, and .... Okay I will stop there. You get the picture. I am excited there is so much to learn and I will never be bored!



## President's Message

I can't help but notice that in every class I have taught this year, there is at least one student attending who is there because he/she's had a bad experience in a canine water therapy pool. Across the board, the single component that makes it 'bad' is that there was a lack of emotional nurturing. In some way or another, they didn't feel "safe".

The business of "canine water therapy" is on the rise everywhere and it's easy to get lost in the amazing ways that this work can help the physical body. But let's never forget the emotional aspects of this business and its importance in the whole healing picture at hand.

Usually when someone seeks out water work as a possible form of therapy, it is because their best friend is aging or hurting in some way. When we have their dog in our arms, it can almost feel like we are holding their heart in our hands. Although knowledge of anatomy, dis-ease, orthopedics, the dynamics of water and everything else that this profession entails is of utmost importance ... it is also just as important to embrace the relationship of your client and their emotional needs.

Often when an older dog comes to water therapy, the obvious symptoms to address are a lack of muscle tone, arthritis, stiffness and a need for strength building... but when this dog is held in the comfort of warm water and his person is listened to as they spill out their fears of losing their best friend... both being supported and nurtured as they release the emotional pain they are holding... this is often the most important component of the session and to a vastly improved quality of life when they leave.

In Lola's wonderful article on pages 10-11 of this issue of the *SPLASH*, she speaks of these challenging economic times and urges us to consider adding value to our service. Things are stressful for many people right now... what a wonderful time to offer solace and a place of peace in the oasis of your pool.

Hope your holidays are filled with love and gratitude and I am looking forward to spending 2009 with you!

#### 2009 SPLASH SUBMISSION DEADLINES:

February 15, 2009, June 15, 2009 and October 15, 2009 Submit your stories, testimonials, photos, product reviews, etc to: newsletter@caninewatertherapy.com

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## The Association of Canine Water Therapy

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Dedicated to and Inspired by the Dogs in our lives!

#### **Mission Statement:**

The Association of Canine Water Therapy is dedicated to advancing the safe practices of canine water therapy through education, establishing industry standards and building a network of support.

#### **Vision Statement:**

To be an Association that inspires us all to come together as a profession, to build standards for our work and to bring opportunities to further our skills.

Photo by Nancy Levine ~ www.browneyesgallery



## A Time for K9 Rejuvenation! cont.

(Continued from page 1)

Okay, now that I know where I am going, how in the world do I get there? I need a place to swim dogs. I already have a "real job" and I don't have money to rent a building. The space in my back yard is big, but is it big enough? And what will the city think?

After two months of spinning my wheels I was ready to give up. It was so frustrating trying to come up with the right building for the spa. So many contractors, so many ideas, so much money! I wanted to stay within a budget of \$50,000 and every time I came up with an idea, it was either not feasible because of moisture problems, or the wrong pool with the type of surrounding I wanted, or it was way out of my price range.

Finally I just accepted that this wasn't meant to be, because if it was then things would happen easily. My husband, ever the optimist, saw it a differently. He said that if I continue to pursue and persevere it only shows how badly I want it. Now, I never would have looked at it this way. And since he seemed to be on to something I also decided that maybe he should be in charge of getting things done!

I wish I would have done that a whole heck of a lot sooner. Once I convinced him to jump on board it went smoother and things got done! Deposits given to the contractor and the "pool dude" and then...WAITING ...WAITING ...WAITING.

Two things I have learned for certain; the end project rarely looks like the

original vision and rarely is anything ever completed within its projected date.





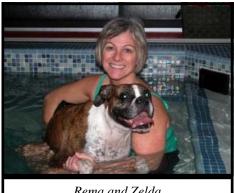


From top: *View of Spa from the backyard;* Inside of the Spa; The Pool

We were told twelve weeks tops for completion. That was in January. And my first dip in the spa was August 22nd. That was the longest 12 weeks I have ever lived through. In hindsight, I should have included a completion date in the contract.

Alas, timing is everything, though, as it was two weeks after my completion of Cindy Horsfall's Level 2 water therapy class and I was much more prepared and confident to enter this field.

Who are the dogs in my life that have so inspired me? All dogs inspire me, but my number one inspiration is Zelda, my 6-year-old boxer.



Rema and Zelda

She has been diagnosed with cardiomyopathy after a scary collapse while hiking, arthritis in her lower spine, and she has undergone bilateral TPLOs. I wish I would have known about water therapy after her two surgeries. Talk about a blessing. We have since added Justice, another boxer, to our family and he is now two years old. I feel so thankful to have discovered this path. I will be able to use my knowledge to keep him healthy and avoid the problems Zelda has experienced.

Now that Zelda has her own swim spa I use it regularly to exercise her and help keep her arthritic pain at bay.

(Continued on page 4)



## A Time for K9 Rejuvenation! cont.

(Continued from page 3)

Since my motivation for this facility was an arena to give back to dogs, one of the areas I will be focusing on are community service dogs; dogs that provide a service such as search and rescue, drug, tracking and bomb

"If you know of a
working dog
that would benefit
from warm water exercise,
please refer them
to my website
K9REJUVENATION.COM so
that we can get them started
on a program."

detection dogs, to name a few. I am currently offering my services **FREE** at this time to those dogs who give so much to us without a second thought. It is my goal to generate enough income through a nonprofit fund and paying clients to continue my services free to these incredible canines.

In my continuing education I will be learning about animal hospice because geriatric dogs are another soft spot for me. Eventually I would like my spa to be known as a welcoming place for geriatric dogs and dogs at the end stages of their life; a place to come and just float in the water and be held and experience the healing powers, surrounded by those that love them.

Oh, in case I haven't made it clear and anyone was wondering, my husband is obviously fine and doing well. He makes a very cute pool boy. I never would have



achieved any of this without his constant support. Next on his "Honey Do" list is learning to swim dogs so I can go to more training classes!

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# Thank You Canine Water Therapy! The Story of Skye: A Search Dog

By Kim (of team Dog 23) of King County Search Dogs



Skye is my companion, partner and friend. She was dropped off at the Humane Society when she was just 2 weeks old and picked up by Border Collie rescue shortly thereafter. I fell in love with her the moment we met and at 14 weeks she was on her way to a new life – as my search dog. Skye and I are known as Dog 23, our call sign with King County Search

Dogs, an all-volunteer group dispatched 24/7 by King County Sheriff's Office to search for lost people. We train and work our own dogs and pay for all expenses (feeding, veterinary care, equipment, etc.). It's an amazing way to work with the community and the dogs love it!

Each dog team trains in a primary discipline, either airscent (locating any human in a given area) or tracking/trailing (following the path of a specific individual after smelling a scent article). It generally takes about 2 years of intensive training to pass the certification test in order to respond to missions.

Shortly after Skye and I certified in airscent I began to notice she was

having difficulty seeing things on her left side. I brought her to an eye specialist and found out she is completely blind in her left eye. She has a detached retina, likely since birth, and compensates so well that no one ever knew it! Dogs are amazing. Since then we have certified in human remains detection and work both avalanche and water search in addition to airscent.



(Continued on page 5)



# Thank You Canine Water Therapy! The Story of Skye: A Search Dog cont.

(Continued from page 4)

It was at training that I noticed Skye had a slight change in gait when she ran. I rested her carefully but she continued to show signs of pain. I took her to her vet who did x-rays and found signs of spondylosis. Another member of our unit recommended warm water massage. I had never heard of it but was willing to try anything to help Skye. We started massage and swimming and I could see an immediate change for the better.

The change in gait didn't go away, however, and as time passed it continued to worsen. I began to notice changes when she'd go up and down steep hills and stairs. Finally, during one wilderness search for a missing jogger, she came up lame after working. I took her to an orthopedic specialist (who found nothing wrong) then to a neurologist who recommended an MRI. The MRI showed that she has a degenerative disc disease called Lumbrosacral Stenosis in addition to the spondylosis. Basically, whenever she does activities that arch her back, like jumping and running, her nerves are pinched. When she tucks her bottom, they are released. The neurologist told me that, if an MRI was done on many working dogs, it would show signs of

this disease. He also said that swimming would be the best form of exercise for her. If I could keep her musculature strong, it would provide support for the area that was weakened and might be enough to help her continue doing her search work.

Skye's condition is deteriorating gradually over time but we are still able to train and respond to missions. She gives it everything she has and I know it hurts her but nothing stops her when she's on a search. It is because of her time in the pool that she has more energy, is staying reasonably strong and is able to continue with her search work. I can truly see a difference in how she moves based on whether we've missed a session or been able to swim once a week versus twice. (Note - I am constantly balancing the knowledge (the more work she does the quicker she'll deteriorate) with the understanding (she absolutely wants to work) when making decisions regarding her activities and care. Modifications are continuously made to her training and search assignments, and life activities in general, based on how she's doing.)

We've been through a lot together, my girl and I, and we'll certainly have many more adventures starting the next time the pager goes off calling us to a search. I can't thank all of you enough for having the vision and drive to do canine massage work. Without you, I'm afraid Skye would no longer be able to use her unique talents to help people and to do the job she loves – "Find."



King County Search Dogs Seattle, WA www.kcsearchdogs.org info@kcsearchdogs.org

**President's Message:** The Canines and their Partners who choose Search and Rescue as their chosen passion are some of the most dedicated and hard working partnerships in the world. These partners are on call 24/7 and climb mountains, scale rough terrain and put themselves in danger to find those in need. This is a voluntary job. No one pays for their time, their medical bills or for the numerous injuries that they incur on their 'volunteer job'. Perhaps in your area, you may want to offer discounted services to the working dogs in your community. Or start a fund for others to be able to contribute to these heroes in our world.

#### Disclaimer

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## K9 Carts: Our Company Story

By Barbara Parks of K-9 Carts West



Let me tell you a story! Let me tell you a great story about what we do, why we do what we do, why we excel at what we do and why we walk around with smiles on our faces and why every single day for the last 30 years we have been bringing joy and happiness to pets and their owners all over the world.

It all started with a Veterinary Orthopedic Specialist named Dr. Lincoln Parkes. Back in the sixties when he was performing orthopedic surgery in the Animal Medical center in New York, he realized that there were many paralyzed pets who would not benefit from surgery or whose owners could not afford surgery for their pets, even if it was indicated! Their owners loved them dearly and were not willing to give up on them just because they had lost the use of their rear limbs. The pets themselves did not have any hang-ups! Indeed left to their own devices, animals will continue to drag themselves around following their owners and getting on with life as best they can! However this type of existence was not fun to watch nor beneficial to the pet, whose health would deteriorate as they developed sores, bladder infections and possibly a multitude of other problems – not a good quality of life

for either the pet to experience or the owner to sadly watch! Something was needed to improve the pet's quality of life- a K9 wheelchair was needed!

Thus the idea of a K9 Cart was born. AND not only would it be used for the totally paralyzed pet but it would be used for rehabilitation! This would bring happiness back into both the pet and the pet owners life!

Let me tell you about a little Shitzu named "Georgie" who lives in Vancouver, Canada. Recently, I was exhibiting at a large pet show in Vancouver, Canada and I had walked out of the exhibit area looking for somewhere to have lunch when I saw a lady walking towards me pulling a little wagon. Sitting up in the wagon,

surrounded by blankets and towels was a little black and white dog. No one pulls their dog around in a wagon if it can be led on a leash so I approached the lady and asked her about her dog. Yes, indeed, the dog, a Shtizu named "Georgie" was paralyzed and had been that way all of its 1.5 years having been dropped as a puppy and suffered spinal damage. I informed her that there were wheelchairs for

pets and she said that she was on her way to K9 Carts so I introduced myself and we walked back to the booth together. I knew I had only brought a very few carts with me to the show and I was hoping that one would fit Georgie. Luck was with us for after measuring Georgie we

realized that with a few minor adjustments we did have a cart for him. I could tell the owner was a little apprehensive but yet excited at the thought of Georgie being mobile. She took Georgie out of his wagon and he sat there with his legs stretched out behind him-always a sad sight. We put Georgie in his cart. He just stood there with this little front legs perfectly still. He did not move one inch! I could tell his owner was disappointed but I wasn't for I knew that what was about to happen to this little dog was going to change his outlook on life forever! Understand, we had a little dog who had never stood in an upright position in his whole 1.5 years of life! We were still watching him but he was content to stand there completely still even although his

> owner was trying to coax him to walk. Just then a lady passed by leading a small while Poodle with a pink bow in its hair. This was too much for Georgie! He may not have been able to walk by himself but he was, after all, an otherwise healthy male dog! He took a couple of tentative steps towards that vision of loveliness and then a couple more. Of course by this time she had passed by him so he ran after her in his K9 cart.

He glanced around once to see what was following him but kept on going. When the Poodle saw Georgie charging towards her, I think she realized that he was a beginner driver so she ran around behind her owner. This did not stop Georgie who promptly

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"No animal should have to suffer immobility when there is an alternative.
There is so much joy in seeing a mobility-impaired pet run off in its cart with its eyes shining and its tail wagging."



## K9 Carts: Our Company Story cont.

(Continued from page 6)

ran over the owner's feet and subsequently caused chaos for a few moments! Since he had obviously learned how to run in his cart, we took him down into the large exhibit ring accompanied by some children who had been watching everything. Georgie's owner said he liked to go after tennis balls so the children started throwing balls in all directions. Georgie started tearing around at top speed, his hair flying, his ears flapping, his pink tongue hanging out, his eyes bright and alert and his head twisting from side to side as if not to miss one moment of excitement! You could tell that he could not decide what to do...chase and fetch balls... just fly around the ring...or run back

and forth between his owner and the children. He was in a fever of excitement! You could practically hear him saying, "This is what I have missed! This is life! What shall I do next? Boy am I having fun! Now I can do what I want to do and go where I want to go!"

Drawn by the children's voices and laughter, people were gathering around the ring to watch this little dog so full of joy and obvious happiness tearing around. Everyone was smiling and laughing and I know my eyes were wet. It was a wonderful moment! His owner came over to me, hugged me and kept saying thank you over and over again.

That is what K9 Carts is all about... experiencing joy and happiness knowing that every single day of our lives we have created these feelings and improved quality of life for pets and their owners. We don't get to see every pet we help but we know that out there somewhere in the world there is a pet and their owner happier because we are here and truly care!

Thanks for listening to our story and we hope you enjoy hearing it as much as we enjoy telling it!

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#### K9 Carts: Our Products









From left: Standard Two-Wheel Cart, Fully Supportive Four-Wheel Cart, Amputee Cart and Specialty Cart









From left: Protect-A-Pet, Front Sling, Belly Sling, Rear Sling

Also available at www.k9cartswest.com: Catch-It-All Cart Accessory, Male Wraps, Female Diapers, Boots, Canine Cooler



## Possibly The World's Tiniest Dog Spa A Story Told in Pictures

#### By Kathy Glenney of DogWater Spa

This is my backyard (with Rachel and Ransom) "before".



My friend trying to see how to get this &\*^%! pool in my yard. <grin>



Voila! Half sunk in the ground. I told you I had a small space to use! (picture taken from upstairs window)



Construction begins!!!



Neighbors are very close...you can see the guest house A/C unit.



You can't see that there are 3 windows at the top just like the other end of pool (and my handy AC/heater unit). I'm expecting a cool wall hanging in the mail soon to put on the long no-windowed wall. I like the pool up next to the wall - a security feeling kind of thing.



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## Possibly The World's Tiniest Dog Spa cont.

(Continued from page 8)

The other end. Again, I TOLD you it was a small space! But it's awesome and cozy and calm and Zen and perfect!



Shows ridiculous paw pillow Cindy gave me in the chair. I'm putting a plant in that small corner on the right.



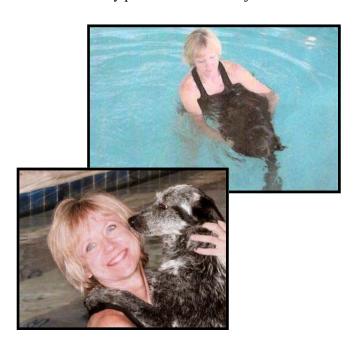
Ransom's turn! Outside with ramp that looks small but works fine. The bamboo fence on the left covers all the equipment (salt generator/pump/huge gas heater/pipes/huge cartridge filter).



Ahhh...the entrance to DogWater Spa!
The French Doors are the ones with mini-blinds between the panes of glass..nice!



So there ya go... the world's tiniest dog spa in a tiny place that will work just fine.



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## Fostering Success in Challenging Times

By Lola Michelin of Northwest School of Animal Massage



Although I had originally planned another topic for this third article in a series for the ACWT, I decided to share some valuable

insight instead regarding the current challenging economic forecast. I am fortunate to have an outstanding business coach and she recently reminded me of a great quote from John F. Kennedy:

"When written
in Chinese,
the word "crisis"
is composed of
two characters...
one represents
danger, and the other
represents opportunity."

It further reminded me of something I read recently by Albert Einstein that offered the viewpoint that often out of the greatest challenges arise the greatest opportunities.

Anyone in business today is right to be concerned about the economic

landscape and how it may affect their own livelihood. Here are some ways I think that our industry can tackle these challenges head on and weather the current storm gracefully and successfully.

#### **Diversify Your Services**

If you are not already doing this, now is a good time! Are you providing as much for your clients as you can? Do you have people and resources in your reach that could expand your current offerings? People facing hard economic realities will want to get the most for their dollar. Can you provide those value-added services or products that make your business their "one-stop" shop for their pets? I don't believe that fewer people will be purchasing services for their pets going forward, but I do believe they will be far more demanding and careful about where they spend those discretionary dollars.

Adding services and products (such as massage or pet skincare products such as Dermagic) can mean additional revenue streams.



Dermagic products are available at www.dermagic.com

Or, items can also be added to simply raise the current value of your offerings to keep customers coming back, such as providing warm drying kennels for your swim clients with cooler weather approaching or sending them away with a complimentary hydrosol or flower essence.

## Partner with Others to Cut Costs and Expand Service

Maybe you don't have the skills or resources to add to your service menu, but you probably know others in your area offering complementary services and products. Consider networking with other business owners about ways to promote one another or even combine your operations for the short-term. One sure way to weather a down economy is to cut costs. Share resources such as staff, space, or vendor fees to save precious dollars. Create unique packages that combine your products and services so that you can share clientele in a noncompetitive environment. You can work together while keeping your businesses distinct and in the process, both grow and succeed. Target businesses that provide services for people as well so that your clients can take advantage of something for themselves (a massage or haircut) and for their pet (grooming or massage...), without having to choose one over the other. Think about the types of services and products that people are not likely to consider dispensable (ie: haircuts, chiropractic visits, dental cleanings...) and try to combine services with them or offer discounts to their clients as coupons at the time of their service (be sure to make them expire soon after receipt).

## **Use Your Newly Found Free Time Productively**

Despite our best efforts, many of us will see client visits decline in the

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## Fostering Success in Challenging Times cont.

(Continued from page 10)

upcoming months. Hopefully, proper planning and good fiscal practices may have built many of us a cushion that we can use to get to the other side. Now may be a time to focus on making good use of time and resources to prepare for your next stage of growth. Plan activities and projects that take time and collaboration during a time when staff may be more available and less involved in the day to day. Can you accomplish housekeeping tasks that have had to wait when business was swift? Painting the office, creating new brochures and promotional materials, updating filing systems, follow-up calls are all tasks that can be done as a team and will keep morale up when business is slow. This is a great opportunity to get to know your staff better, cross-train, or provide in-house continuing education by relying on the skillsets of your staff and community for free teaching. This is also a great time for writing, making public speaking appearances, networking and doing public relations work to set

the stage for your future growth. Remember how you wanted to make time in your busy schedule for volunteer work at your local shelter?? Well, life has a funny way of sometimes granting your wish in peculiar ways.

## **Practice Intention That Fosters Success**

From an energetic view, one of the worst things we can do is allow our intention to feed the flames of negativity surrounding our current economy. Yes, we must consider how we negotiate the moment, but it is critical to do so with a firm belief in your own continued success. All businesses go through cycles and all recessions do come to an end. Take solace in the recent expressions from great financial minds like Warren Buffet and Charles Schwab... investing is a long-haul strategy and panic is the worst possible by-product of crisis. Your investment has been in yourself, your skills, your business, your clients and your staff. Believe in the power of these investments and in your ability to turn this challenge into a great opportunity.

In closing, here is an affirmation that you can practice:

"My practice serves a higher purpose by helping animals heal and therefore helping the universe heal. The universe surrounds me in abundance and opportunity. Challenges created by man can be easily overcome by trusting in the universal laws of abundance, compassion and joy."

Best wishes to you in the coming months and in the New Year.



Lola Michelin, owner of the Northwest School of Animal Massage, has been a force in the field of animal massage for over 20 years. For more information about Lola and the Northwest

School of Animal Massage, visit www.nwsam.com or call toll-free 877-836-3703.

## The Ten Benefits of Orthopedic Surgery

From the Dog's Point of View, that is!

- 1. Specially prepared gourmet meals and warm ones too!
- 2. Extra hugs, snuggles, pats and kisses.
- 3. Either we get to sleep on THEIR bed or they have to sleep on OURS!
- 4. They have to go out with us in the cold and rain when we go potty now. Maybe they will build us our own indoor potty like they have?
- 5. No more jumping, why waste the energy if they are going to pick us up?
- 6. Extra rides in the car, I love those!
- 7. New beds, toys and blankets. It's like Christmas and birthday's all over again!!
- 8. More cookies.
- 9. Mom stays at home and does not leave for work.
- 10. After it's all over, we will be zooming around the yard and house like no body's business!





# Sarah's Gift: A New Definition Of Canine Water Therapy

## By Cindy Horsfall of La Paw Spa

Today was one of those good days, the kind that makes you glad to be alive. It began when I met Sarah and ended as I drove home under a beautiful sunset sky that matched the warm glow inside of me.



Sarah is a six year old lab who has had some spondylosis in her spine. She is a perfect candidate for water therapy and enjoyed her session today, but that's just part of the story that made this day such a good day.

People often ask me: "What is canine water therapy?" My response has always been something about tennis balls, splashing retrievers, warm water massage and devoted canine companions. I have always known how profound this work can be, but now, thanks to Sarah, an entirely new dimension of this work has emerged.... one that truly encompasses the power of love, family and that network of existence and support of which we are all a part.

Sarah is lovingly taken care of by two devoted and amazing people. The husband of this team was left brain damaged in a terrible climbing accident 18 months ago and neurologically impacted to the point where he is unable to use his left arm and leg without excruciating pain. The rehabilitation specialists have suggested that he

try warm water therapy, but he is afraid and has resisted this idea.

Last week the newspaper had an article about how water therapy can help our canine friends and when he read this story, he decided he wanted to have his Sarah be in the warm water .... and that perhaps he would get in the water with her so that she wouldn't be so afraid.

Today was that day.

They all arrived to the spa today for Sarah's session. I carried Sarah into the water and this man's devoted wife and my wonderful assistant helped this kind man into the warm waters to be near his dog. I held Sarah close to him and she gave him kisses as he found his balance in the water. Over the next hour, he began to move his arm and leg without pain. He even tried to walk and venture out into the water with his beautiful, loving dog at his side leading the way. He laughed and told me his story and we all enjoyed the warm soothing waters of the spa together.

I fought back the tears many times during that session as a new, larger definition of water therapy grew in my mind. A definition that includes canine angels leading their beloved people to where they need to be... and the many gifts this work gives to me and my clients, gifts that aren't wrapped in paper or tied in ribbons, but held in the heart with a warm glow that matches the sunset at the end of a really good day.

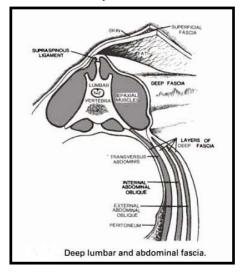
#### Thank You Sarah!



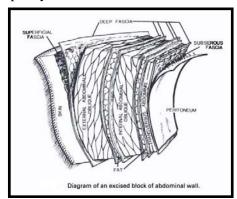


## By Cindy Horsfall of La Paw Spa

Fascia is the one single thing that connects us... it's the wrapping in the body that surrounds every single muscle, bone, organ... every little thing in the body is surrounded by and connected by fascia.



If someone were to remove every bone, muscle, and organ from your body – you would still be recognizable to your friends by your fascia network! Now wouldn't THAT be spooky!!!



Structural Integration leader John Latz says: "This matrix (called fascia) connects, or binds together, the body's organs and systems, and at the

#### Fascia

same time provides compartmentalization between them. The fascia is a continuous elastic sheath that provides structural support for the skeleton and soft tissues (i.e., muscles, tendons and organs). As it surrounds the muscles, it is referred to as the fascial envelope"

Fascia is referred to as a 'connective tissue' and has been called "the organ of posture" by Dr. Ida P. Rolf who developed the structural work we call 'Rolfing' – which is a modality rooted in the fascial network.

With this kind of bodywork, all things are connected and so all things are affected. I have developed my own techniques with dogs and in warm waters with this work. The results have often been quite profound

When a body has been injured, the fascia will tighten, stiffen and even turn into scar tissue in its effort to bring stability to the body. When the injury has healed, this fascia often remains hardened and this is where the warm water work and release work can be so profound. Since everything is connected in the fascial network, often tightness in the right shoulder will cause tightness in the left hip and so on.

I have been a Certified SOMA
Neuromuscular Integration®
Practitioner for 4 years and I can
honestly tell you that this work has
changed my life. The concept of
releasing and allowing is now
ingrained in my every cell and has
changed the way I live life, perceive
change, how I handle my classes and
therapy and even my relationships.

As Karen Bolesky – founder of the SOMA Institute – says so well -

"As the body rebalances itself in gravity, becoming more efficient in function and healthier with greater resistance to disease and injury, the body notices more coordination and grace in movement. The result is a body that can process experiences more effectively, with greater awareness, which leads to enhanced learning and perceptual abilities.

Life is change and change is movement, movement in our bodies. our feelings, our thoughts, our inspirations. It is the loss of our ability to move and change our bodies, as well as our thinking processes that continually diminishes our ability to fully experience life. With this work, we are not working toward the evolution of "perfect" by replacing old patterns with new "right ones," but rather towards a less predictable, more authentic individual who has the option to respond in new and creative ways to their environment."



Fascia is like this perfect web that surrounds everything in the entire body, connecting everything.



## Raleigh's Message

Recently, the Association of Canine Water Therapy sent out a package to it's Members (at the Facility and Individual level). This special mailing was funded by Raleigh's parents who wanted to share an extremely sad story with you in hopes that it will improve the safety measures taken at all dog swim centers around the world. Here is the mailing that was sent out:

## A Message from the Board of Directors of THE ASSOCIATION OF CANINE WATER THERAPY

Enclosed in this envelope you will find a poster and a plea from an owner whose dog recently fell into a pool and drowned. The owners of this dog have paid for this mailing in the hopes that they can prevent another incident such as this from occurring.

This tragic event could have been avoided if someone had been in attendance. While we understand that it may be cost prohibitive to have a 'Life Guard' on duty, you can take other steps to prevent this type of tragedy. Some examples may include:

- require a second person in attendance when an owner is swimming their own dog
- provide crates or a place where an owner can attach a leash to keep their dog away from the pool if the need to be left unattended arises (and insist on their use)
- you could have this poster included in your literature or posted in your facility as the image speaks volumes ...

Below is the Code of Ethics which you signed when becoming a member of the ACWT.



Intentionally we did not get specific when talking about safety standards as each pool is unique. This is ultimately up to you - to create the best you can in your environment.

Please take a moment to read the letter from Raleigh's parents and then review your safety measures so that something like this will never happen in your pool.

We hope that this message from Raleigh, and his devoted and grieving people, will touch your heart and have you re-visit your safety measures to assure the safest possible service.

#### Additional copies of Raleigh's Poster can be downloaded at: http://www.caninewatertherapy.com/code.html

#### Dear Association of Canine Water Therapy Member,

Recently, we suffered a tragedy that we wanted to share with all of you in the hopes that our story could prevent another tragedy from happening. Raleigh was our 14 year-old Tri-Colored Cocker Spaniel with arthritic rear legs. As we looked for ways to ease his discomfort we discovered canine water therapy and found it provided an immediate benefit for Raleigh. In fact, it was so beneficial, that Raleigh's dad learned how to safely swim Raleigh himself so they could go to therapy more frequently. Following a recent self-swim session, Raleigh's dad left him unsupervised for just a moment and our beloved Raleigh fell in the pool and drowned.

Enclosed is a poster we urge you to post conspicuously in your pool area. Please display this poster and urge your clients to *NEVER* leave their pets unsupervised in the pool area... *NOT EVEN FOR A MOMENT!* 

If this warning can save someone else the heartache that Raleigh's drowning has caused us, then his premature death will have some meaning. Thank you for your commitment to canine water therapy and to keeping it as safe as possible for our beloved pets.

Warm Regards,

Raleigh's Mom and Dad

# LOVING MEMORY RALEIGH



PLEASE, PLEASE, PLEASE

DON'T EVER LEAVE YOUR PET UNATTENDED OR UNSUPERVISED IN THE POOL AREA, EVEN FOR A MOMENT.

A MESSAGE BROUGHT TO YOU FROM THE ASSOCIATION OF CANINE WATER THERAPY



## Sink or Swim!



#### **Brodie Fisher**

October 27, 1999 - September 15, 2008

It is with great sadness that I must tell you that Brodie crossed over the Rainbow Bridge on September 15th after a valiant battle against spinal osteosarcoma. His inspiration in my life will be so missed but I will always remember his brave spirit and tenaciousness. To honor his memory and love of testing new water toys, I thought I would look back over the years and provide a summary of the toys that he tested.



Bamboo Pet Combat<sup>TM</sup> Extreme Toss n' Pull **Dog Toy** (May 2005)



**Tuffie's Soft Dog Toy** (August 2005)



**Pet Buddies Pooch Tube** (November 2005)



**Zanies SS Canine Neoprene Toys** (Spring 2006)





JW Pet Whirl-Wheel **Squeaky Rubber Flying Disk** (Summer 2006)



**Wubba World** Water Wubba (Fall 2006)



**Katie's Bumpers Frequent Flyer Fetch Toys** (Winter 2006)



**Triple Crown Easy Glider** (Spring 2007)





**VO-Toys Ruff & Tough Doggie Boomerang** (Summer 2007)





**Aspen Pet Booda Soft Bite Floppy Disc** (Fall 2007)



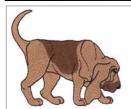


**Stephen Huneck Dog Retrieval Toys** (March 2008)









## Sniff This!

~A Look at Products NEW to our Industry~



#### The Help'Em Up Harness with Hip Lift

The first full body lifting harness that can stay on your dog 24/7!



A complete shoulder and hip harness system that can benefit aging dogs. Also dogs suffering from muscle loss and those recovering from injuries or surgery. By simply placing a pair of handles where you can easily reach them, this helpful harness allows you to lend assistance at any moment. What makes this harness unique is that we designed it so that dogs can wear it for extended periods of time. Unlike towels, slings or leashes that must be rigged with each use, or ramps that have to be moved, our harness is there whenever you need it, because if support isn't there when they need it - it's too late. We

believe this harness represents a breakthrough for veterinarians as it can be used effectively to assist dogs experiencing major muscle loss, those recovering from injuries and especially dogs rehabilitating from surgery. By using the harness and lending assistance you can reduce the chance of re-injury during recuperation. The unique "Hip Lift" PP feature of the harness allows you to safely and comfortably lift the whole pelvis. Because patients can wear it indefinitely, it can be a real help for dogs suffering from long term issues like dysplasia, muscle atrophy or arthritis. The Help'Em Up Harness offers us the potential to provide better care for our dogs, especially those that are making these difficult transitions in their lives.



ACTIVE DOG FULL HARNESS With several adjustments to accommodate variations in animal dimensions. We recommend this harness for dogs who are beginning to show signs of aging and may be experiencing difficulties getting in and out of cars, rising up off of hardwood floors or walking up and down flights of stairs. These are dogs that are still getting out on the trail but may need a little help getting over obstacles or up and down steep slopes. For them, it's gear to stay active. Black, Grey and Orange with reflective piping. Packaged in a Nylon gray mesh bag. Med/Lg and Lg/XLg sizes—\$85 to \$90



**TOTAL SUPPORT FULL HARNESS** We recommend this harness for larger dogs who are dealing with more significant muscle, hip or spine issues. Or those recovering from surgery or injuries. This harness provides additional support underneath the pelvis to help assist dogs with more debilitating issues. Black, gray and Electric blue w/reflective piping. All packaged in a gray nylon mesh bag. Med/Lg and Lg/XLg sizes—\$90 to \$95

#### Available at www.helpemup.com



#### Ask The Pool Guru!

#### Ask The Pool Guru

Got questions about water quality, chemistry, or equipment? Email Karen Hunter at: poolguru@caninewatertherapy.com

#### **ALL ABOUT FILTERS**

A properly maintained pool incorporates both filtration and sanitation. We sanitize to kill bacteria, viruses, and algae, and we filter to remove particles suspended in the water. While clear water is not a guarantee that the water is safe to swim in, cloudy water is definitely a sign that something needs attention.

Your filter is a critical part of your pool system, and should be selected with care and properly maintained. In this issue, we'll provide some information to help you understand the various options and advantages and disadvantages of each.

#### **Cartridges**



Cartridge filters are usually what you will get with pre-packaged pools or spas. They work by trapping particles in a pleated, non-woven fabric. Cartridge filters are readily available and easy to operate. They occupy very little space and do not require a backwash outlet. However, they are less than ideal for a dog pool.

The cartridges require frequent cleaning or replacement. Cleaning usually Volume 4, Issue 3

involves a hose, lots of water, and a fair bit of time. An automated cartridge cleaner such as the Blaster (www.neoterics.com) is a good investment. It's also a good idea to have extra cartridges available: one in the filter, one being cleaned, and one ready to go.

Cartridges are my least favorite choice. The amount of hair and dirt that dogs bring in causes them to clog quickly – you may be changing/ cleaning them daily. They can remove particles from about 30 to 100 microns in size. This is the least effective of all filtering options, so you will not have optimal water clarity.

If you do use cartridges, try to choose something with as much square footage as possible (I'd recommend at least 200). The more square footage you have, the less often you'll have to clean or replace cartridges.

#### Sand



Sand filters, which use several cubic feet of sand as a filter medium, have much lower maintenance requirements than cartridges. Their effectiveness actually improves as particles accumulate (up to a point). Sand filters can go several weeks between cleanings, and they are the best filter for handling large amounts of hair. Sand filters will remove particles as

small as 20 microns.

Sand filters are cleaned by backwashing, which involves running the pool water backwards through the sand and out as waste. Very little or no sand is lost in the process. Backwashing also provides an opportunity to do a partial water change - a good practice no matter what type of filter you use.

Approximately every six months the sand should be washed with a special cleaning solution to remove oils that may accumulate. The sand itself should not require replacement for 4 years or more. A properly operating sand filter will NOT put sand into the pool.

Sand filters take up more space than cartridge canisters, and you must be able to run a waste hose from the filter to a drain or the outdoors.

#### Zeolite



Zeolite (sold under the brand name Zeobrite, www.zeobrite.com) is used in sand filters instead of "generic" sand. It is a natural, granular mineral similar in appearance to sand, but it has filtration abilities that are far superior. Zeolite can filter particles as small as 3 to 5 microns, which rivals DE. The cleaning and maintenance

(Continued on page 19)



### Ask The Pool Guru! cont.

(Continued from page 18)

requirements are even better than sand – less backwashing is required, although you should still wash out the oils every six months.

Zeolite is also capable of boosting the effectiveness of your sanitation system because it can actually remove ammonia from the water.

A sand filter filled with Zeolite is my choice for filtration.

#### DE (Diatomaceous Earth)



Diatomaceous Earth is a fine white powder that looks similar to talcum powder. It is actually the skeletons of billions of tiny sea creatures. DE filters generally provide optimum water clarity, as they will filter down to 3 microns. DE filters utilize a fabric covered grid. The DE powder is added to the water, usually by pouring it into the skimmer, and it then becomes trapped on the fabric.

DE filters require more maintenance than sand or zeolite. They require regular backwashing, but unlike sand, the DE powder is lost during the process and must be replaced. Most municipalities prohibit washing DE down the sanitary or sewer drains, as it will clog the filters in the treatment plants. You may have to add a recovery tank to meet building codes.

Because it is so fine, DE filters clog quickly. When clogged, they become "channeled", meaning the water will bypass the DE and even though it is running through the canister it is not being filtered. Most DE filters have a "bump" function, which is like shaking the powder to redistribute it evenly.

DE filters should not be used with biguanide sanitizers such as Baquacil or SoftSwim, since they cause the powder to cake.

If you choose a DE filter, I recommend using it as a secondary filter after a cartridge filter. This will keep

the larger particles out of the DE grid, and reduce the need for backwashing or bumping.

#### How Big?

Well, that question will fill a whole issue, so we'll cover that in a future Splash. In short, however, bigger is better when it comes to filters, so don't scrimp here.

Happy Swimming!

Karen Hunter
Mega-Dogs
22609 102nd Ave SE
Woodinville, WA 98077
360-217-5051
karen@mega-dogs.com
www.mega-dogs.com/

Note from Cindy Horsfall: I value and understand everything that Karen says here in her article on filters. She's got great advice and knowledge. However, I feel compelled to say here that I do love my cartridge filter and I wouldn't replace it. I have a 150 sq ft cartridge filter for my 8x20 swim spa and I hose it out every 2 weeks and replace it (they cost about \$80) every month. They are the easiest solution for me and my lifestyle.

#### **ACWT 2009 MEMBERSHIP RENEWALS**

2009 renewal forms will be in the mail to most of our members soon\*.

We have two wonderful gifts for our renewing members:

Bone Key Chain Carabiner and ACWT Post-It Notes



\*If your membership expires in December 2008, you will receive a renewal form soon. If you have already renewed for 2009, you will receive your

renewal gift as soon as we receive them from the manufacturers. For those of you not yet on a calendar year, your renewal forms will be sent out prior to your renewal date. If you would like to renew early and receive your gifts sooner, please contact Sandy Fisher at sandy@caninewatertherapy.com.



# Welcome Lynda Coote as the New ACWT Vice President!



Lynda Coote is a Guild Certified Tellington TTouch Practitioner for Companion Animals and a Certified Healing Touch Practitioner who offers her clients a calm presence that encourages and supports them on their own healing journey.

Lynda's extensive experience in health

care, administration and volunteering has allowed this self-employed organizational guide to integrate her healing gifts into helping animals. Lynda plans to use her organizational skills in her new role as Vice President to help build the educational content of the ACWT website in our continued vision of being the place people will go to find out information about this work.

While Lynda grew up with the family animals, her real learning began with the arrival of a lively, active Airedale puppy. Shadow continually guides Lynda and this has led to further international studies in Bach Flowers for Animals and Canine Hydrotherapy.

Lynda has been featured in the Just Business Magazine and is a Founding Member of the Professional Organizers in Canada (POC), a Member of the National Association of Professional Organizers (NAPO), Past Director of the Gibsons & District Chamber of Commerce and currently is Chair of the Gibsons & District Library Foundation. Once an avid sailor, her passions now lean towards photography, genealogy and her family..

Lynda lives on the Sunshine Coast in British Columbia, Canada.

Lynda can be reached at vicepresident@caninewatertherapy.com



## **ACWT Logo Available For Your Use!**

The ACWT logo can be used on your website and on your business publications to show your affiliation with The Association of Canine Water Therapy!

Visit the Members Only section of the ACWT website.

#### **ACWT Monthly Calendar!**

ACWT Member Karen Theusen has volunteered to design a calendar for the ACWT. Each month, she will use a picture of a dog that has benefited from warm water therapy. You can download the monthly calendar page in pdf format by visiting the ACWT website www.caninewatertherapy.com. The link is located on the home page.

Please submit your pictures for consideration to Karen by emailing her at dawghouse@caninewatertherapy.com













Please give this application to a friend!

## The Splash!





#### **MEMBERSHIP APPLICATION**

Your Name		Date		
Business Name	siness Name Website Address			
Type of Business				
Services that you provide				
Address				
Email Address		Phone Number(s)		
		you are applying for be please visit www.caninewaterthera		
			Amount Enclosed:	
Facility Owner (Poo	ols & Treadmills) in the US (8120)	or Canada ~ \$150		
For Directory p	ourposes, check this box if you	also work in the water		
For Directory p	ourposes, check this box if you	are also a veterinarian		
	Individual (Therapist/Swim Assistant/Student/International) ~ \$60  (renewal rate will be \$45)			
Supporting Veterina	Supporting Veterinarians ~ \$45 (renewal rate will be \$30)			
Supporting Businesses ~ \$45 (rene wal rate will be \$30)				
Supporting Friends ~ \$30 (renewal rate will be \$30)				
Additional Services Availab	Additional Services Available (check all that apply):			
Your own email ac	Your own email account/web-mail box ~ \$25 (renewal rate will be \$10)			
If you chose this opti for your email addre.		sfall@caninewatertherapy.com)		
Additional contribu	ution to benefit our organiza	tion (any amount)		
	TOTA	AL AMOUNT ENCLOSED:		

\*(while supplies last)

Page 1 of 2







#### **MEMBERSHIP APPLICATION**

Upon receipt of your application, we will send you a member packet and your free ACWT Static Cling Decal (while supplies last)!

(if you are joining as a Facility Owner member,	be your services below – please limit to 250 words: you can provide 2 listings - one as a Facility Owner Please attach an additional sheet if needed.)
Your membership will include your listing by nambenefits but would rather remain anonymous, plea	e and area. If you would like to receive all the member se check this box :
I, the undersigned, hereby apply for membership (ACWT). I agree to abide by the ACWT Code of I	
Signature	Date
Diagrama la abaska ay wan ay	andens marchle in HC Fronds to the

Please make checks or money orders payable in US Funds to the "ASSOCIATION OF CANINE WATER THERAPY" or "ACWT" and send this form with your payment to:

ACWT, 325 E. Washington Street - #237, Sequim, WA. 98382 or pay online at www.caninewatertherapy.com/paypal.html

Please give this application to a friend!



#### Member Discounts & Benefits!

#### **FLORIDA NORTH SWIM SPAS**

**Product:** Swim Spas

Level of Membership: Facility Owners only

**Discount Amount:** \$500.00 off **Website:** www.floridanorth.com **Contact Name:** Bob and Dick

#### **AMERIMERC POOL & SPA SUPPLIES**

**Product:** Pool and Spa Supplies

Level of Membership: Facility Owners only

**Discount Amount:** 15% off **Website:** www.amerimerc.com **Contact Name:** Phil and Jim

#### **EWATER.COM**

**Product:** Innovative Health Alternatives (Etower for pools)

Level of Membership: All members Discount Amount: Up to 25% off Website: www.ewater.com Contact Name: Fred Van Liew

#### ALL PETS GO TO HEAVEN

Product: Pet Products for everyday & our dearly

departed pets

Level of Membership: All members

**Discount Amount:** 10% off

Website: www.allpetsgotoheaven.com

Contact Name: Teri Sahm

#### **HAPPY DOG HEALTHY DOG**

**Product:** Pet bakery and retail shop **Level of Membership:** All members

**Discount Amount:** 10% off

Website: www.happydoghealthydog.com

Contact Name: Diane Mayer

#### **ANIMAL WELLNESS MAGAZINE**

Product: Magazine devoted to natural & holistic health for animals

Level of Membership: All members

**Discount Amount:** \$9.95 for 6 bi-monthly issues **Website:** www.animalwellnessmagazine.com

#### **ANIMAL SUSPENSION TECHNOLOGY**

**Product:** AST Support Suit is a support harness for

injured, weak or disabled dogs

Level of Membership: All members

Discount Amount: 10% off

Website: www.petsupportsuit.com

Contact Name: Eric and Victoria Swisher

#### K-9 KOZY POOL WRAP

Product: Lightweight & absorbent Pool Wrap for

your dog

Level of Membership: All members

**Discount Amount:** 20% off **Website:** www.k9kozy.com

Contact Name: Alison White of The Total Dog Spa

#### **SAM'S DOG HUT**

Product: Doggie Rehab and Doggie Swimwear

Wraps

**Level of Membership:** All members **Discount Amount:** 10% off

Website: www.samsdoghut.com Contact Name: Sheila Palme



Member

Member

Member

#### NORTHWEST SCHOOL OF ANIMAL MASSAGE

**Product:** Certification training in animal massage

Level of Membership: All members

**Discount Amount:** 10% off for Facility members and

5% for all other members

Website: www.nwsam.com



Member

#### **RUFF WEAR**

**Product:** Life Jackets, Packs, Boots, Bowls, Collars,

Leashes and more for dogs on the go! Level of Membership: All members

**Discount Amount:** Pro Purchase Program usually provides a discount of about 50% (not for resale

purposes)

Website: www.ruffwear.com



Member



## Order ACWT merchandise today!

Member

Member

Tank tops, t-shirts, dog shirts, mugs, beer steins, tiles, tote bags and much more! Prices starting at \$6.99.

Visit:

www.cafepress.com/acwt





## **Upcoming Training Opportunities**

#### **LA PAW SPA Training Opportunities in Washington State**

The Heart of Canine Water Therapy ~ Level 1 ~ Instructor: Cindy Horsfall, LMP, SAMP, CWP

March 2009 ~ in Sequim, WA April 2009 ~ in Fall City, WA June 2009 ~ in Fall City, WA November 2009 ~ in Sequim, WA

The Heart of Canine Water Therapy ~ Level 2 ~ Instructor: Cindy Horsfall, LMP, SAMP, CWP

August 2009 ~ in Sequim, WA September 2009 ~ in Sequim, WA

Tool Box Clinics in Sequim, WA

TTouch (and how it is applied in water) ~ September 2009 ~ Instructors: Cindy Horsfall and Lynda Coote





#### **Other Training & Educational Opportunities**



Animal Acupressure Online and On-Site Training Courses Various dates and locations

www.nwsam.com

#### **Tallgrass Animal Acupressure Institute**

Animal Acupressure Online and On-Site Training Courses Various dates and locations

www.animalacupressure.com

#### Spirits in Transition

Practical and spiritual considerations for providing end-of-life care for our animal companions Various dates and locations

www.spiritsintransition.com

#### **Certified Pool/Spa Operator**

Basic knowledge, techniques, and skills of pool and spa operations. **www.nspf.com** 





## Member Directory

Members in the Directory (except for Supporting Businesses) are sorted by State and then listed alphabetically. Please visit www.caninewatertherapy.com for detailed informational listings for each of our members.

UNITED STATES FACILITY M	EMBERS
The Rex Center	San Francisco, CA
The Total Dog Swim & Training Center	Oceanside, CA
Happy Dog Healthy Dog	Wilmington, DE
Just Pets Veterinary Hospital	Cumming, GA
Wag-N-Swim	Atlanta, GA
Nalo's Healing Arts for Animals	Kailua, HI
Naperville Kountry Kennels Inc.	Naperville, IL
Sit, Stay, Swim	Roscoe, IL
Splash Dog, Inc.	Des Plaines, IL
Joshica's Planet Canine LLC	Elkhart, IN
AquaDog Inc.	West Roxbury, MA
Canine Fitness Center	Crownsville, MD
K9 Hydrotherapy Inc.	St. Louis Park, MN
Doggie Dome Swim Spa	New Durham, NH
Companions Chiropractic & Aquatic Center	Jackson, NJ
Red Dog Pet Resort & Spa	Cincinatti, OH
Paddling Paws K-9 Swim Center	Goose Creek, SC
DogWater Spa, LLC	Houston, TX
Liberty Hill Pet Resort	Bealeton, VA
Paws To Swim	Rockville, VA
All Dogs Pool & Spa	Tulalip, WA
Aquadog Spa Inc.	Kent, WA
Doggone Day Spaw, LLC	Snohomish, WA
Happy Tails Resort & Spa, Inc.	Auburn, WA
Heavenly Spa	Fall City, WA
K9 Aquatics, Inc.	Sammamish, WA
K9 Rejuvination	Milton, WA
La Paw Spa	Sequim, WA
Lap of Luxury	Lynden, WA
Mega-Dogs	Woodinville, WA
Pampered Paw Swim Spa LLC	Enumclaw, WA
Spawz	Seattle, WA
SplashDog Spa / Andante Bodyworks	Edmonds, WA
Sumner Veterinary Hospital	Sumner, WA
Therapeutic Animal Massage dba SwimSpaw	Kingston, WA
Unsinkable Dogs: K9 Warm Water Swim Center	Ridgefield, WA
CANADA FACILITY MEMI	
Pawsitively Pooched, Ltd.	Calgary, AB
The Dogs Aqua Therapy Ltd.	Edmonton, AB
Ottawa Canine Rehabilitation and Aquatic Center	Ottawa, ON
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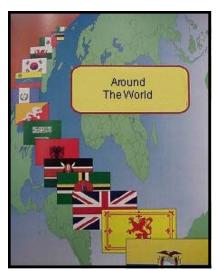
## Member Directory cont.

UNITED STATES INDIVIDUAL MEMBERS		
Jeannie Brusavich	Torrance, CA	
Cathy Chen-Rennie	San Francisco, CA	
Trish Cohen	Castaic, CA	
Louisa Craviotto	Petaluma, CA	
Kim Cupp	Santa Cruz, CA	
Yvonne Garst	Lake Balboa, CA	
Suzy Godsey	Santa Barbaa, CA	
Penny Heer	Santa Barbara, CA	
Carol Hulse	San Francisco, CA	
Linda McNamara	Vista, CA	
Heidi Miller	Santa Cruz, CA	
Christy Tattersall	Northridge, CA	
Alison White	Oceanside, CA	
Lydia Zaki	Corona, CA	
Diane Mayer	Wilmington, DE	
Cathy Toner	Wilmington, DE	
Carolyn Anne-Ryan English	Delray Beach, FL	
Hope LaMonica	West Park, FL	
David Lyons	Gulf Breeze, FL	
Julie Mistretta	Ramrod Key, FL	
0	Marietta, GA	
Joyce Clemens LADonna Davis	· · · · · · · · · · · · · · · · · · ·	
	Kennesaw, GA	
Joy Dillingham	Atlanta, GA	
Eva Gellert	Atlanta, GA	
Melony Phillips	Acworth, GA	
Caryn Schnellinger	Lawrenceville, GA	
Wendi Crandall-Amidon	Kailua, HI	
Aleksandra Mikic	Adel, IA	
Michelle Moran	Cedar Rapids, IA	
Cherie Hogland	Roscoe, IL	
Jean Li Petri	Naperville, IL	
Traci Szwed	Des Plaines, IL	
Amy Their	Des Plaines, IL	
Maggie Lump, RVT	West Lafayette, IN	
Pamela Mendenhall	Elkhart, IN	
Carolyn MacDonald	Taunton, MA	
Pamela Tewes	West Roxbury, MA	
Laurie Duperier	Bethesda, MD	
Jennifer Spengler	Milford, MI	
John Lambert	St. Louis Park, MN	
Joy Lewanski	Hastings, MN	
Jane Ballard	Durham, NC	
Melody Horne	New Durham, NH	
Dr. Colleen Mulryne	Jackson, NJ	
Michelle Martin	Rio Ranch, NM	

	UAL MEMDEDS
UNITED STATES INDIVIDU	
Theresa McKinney	Rio Rancho, NM
Mickey Rogers	Sante Fe, NM
Sherry Agar	Milford, OH
Sandy Hodges	Cincinnati, OH
Jeanette Jurrens	Marysville, OH
Elizabeth Keneipp	Beavercreek, OR
Mindy Mulligan	Portland, OR
Kelly Shaffer	State College, PA
Cherie Zercher	Beaver, PA
Terri Steely, R.N.	Goose Creek, SC
Paula Patton	Lenoir City, TN
Kathy Glenney	Houston, TX
Melissa Lees	West Jordan, UT
Peggy Conlon	Vienna, VA
Joanne Fletcher	Midlothian, VA
Deborah Logerfo	Rockville, VA
Mary Ann Robertson	Bealeton, VA
Megan Anderson, LMP, SAMP	Tulalip, WA
Joyce Biethan	Ridgefield, WA
J Linn Black Henline, LMP	Edmonds, WA
Patricia Cool	Granite Falls, WA
Cindy Cornish	Spanaway, WA
Sylvia Eberlei	Preston, WA
Tonita Fernandez	Enumclaw, WA
Sandy Fisher	Sammamish, WA
Sandy Fisher	Sammamish, WA
Vonni Goetting	Snohomish, WA
Leigh Anne Hardy	Edmonds, WA
Cindy Hickman	Kent, WA
Janice Hill, SAMP	Kingston, WA
Erin Hopkins	Snohomish, WA
Cindy Horsfall	Sequim, WA
Karen Hunter	Woodinville, WA
Debbie LaMonica	Edmonds, WA
Carrie Lane	Lynden, WA
Barbara Lierson	Auburn, WA
Shannon McFarlin	Seattle, WA
Beth Meyer	Auburn, WA
Cassie Sawyer, LMP, SAMP	Seattle, WA
Ann Marie Shields	Seattle, WA
Rema Strauss	Milton, WA
Carol Swindaman	Redmond, WA
Karen Theusen	Ferndale, WA
Judi Truskey	Vancouver, WA
Linda Voelker, LMP, SAMP	Duvall, WA
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## Member Directory



CANADA INDIVIDUAL MEMBERS		
Melba Ayres	Edmonton, AB	
Tracy Barbet	Calgary, AB	
Sandy Busse	Edmonton, AB	
Carrie Smith	Calgary, AB	
Brenda Williams	Calgary, AB	
Alexis Adams	Vancouver, BC	
Lynda Coote	Gibsons, BC	
Jacqueline Gibson	Vancouver, BC	
Chris McKay	Aldergrove, BC	
Tanya VanderHammen	Vancouver, BC	
Elana Titus, BA, RMT, CCMP	New Maryland, NB	
Alex Debolt	Ottawa, ON	
Annette Fitterer-Winter	Burlington, ON	
Donna Rafalski	Ottawa, ON	

INTERNATIONAL MEMBERS	
Dogoverboard	Adamstown, NSW, Australia
Edi Giovanna Accornero	Tonco, Italy
Jeannette Kirk	Bangor, County Down, N. Ireland
Anna Tong	Bradell View, Singapore
Four Paws Aqua	Fratton, Portsmouth , UK
Ramsey Canine Hydrotherapy Centre	Huntingdon, Cambridgeshire, UK
Paddlepaws Hydrotherapy Pool	Longton, Preston, Lancashire, UK
Swimsafe Canine Therapies	Preston, Lancashire, UK



SUPPORTING VETERIN	NARIAN MEMBERS
Lou Avant, DVM	Cumming, GA
Tina Ellenbogen, DVM	Bothell, WA
Dr. Mark Engen, DVM	Kirkland, WA
Dr Larry Seigler, DVM	Redmond, WA
Kathy Sheeran	Sumner, WA



## Job Openings!

#### **NEW BENEFIT FOR FACILITY OWNERS!**

Post your Job Opening within your Directory Listing on the ACWT website! **Email sandy@caninewatertherapy.com to request your free listing!** 

## **ACWT Discussion Group on Yahoo!**



This group has been formed to exchange information and techniques that relate to canine water therapy. You can post messages about water therapy, pool maintenance, difficult cases, and anything else related to canine water therapy that you would like information about! Group membership is open to any member of the ACWT. New memberships do require approval, which will be done as quickly as possible.

Join us today at http://groups.yahoo.com/group/caninewatertherapy/join



## Member Directory

#### SUPPORTING BUSINESSES



#### **Animal Suspension Technology**

Owner: Eric and Victoria Swisher Business Phone: 360-393-9891 Location: Bellingham, WA Email: support@petsupportsuit.com Website: www.petsupportsuit.com



#### **Dynamite Specialty Products**

Owner: Mary DeFillippo Business Phone: 425-290-2255 Location: Snohomish, WA

**Email:** maryfurhaven@earthlink.net **Website:** www.dynamitemarketing.com



#### **Gold Canyon Candle Distributor**

Owner: Amy North Location: USA

Email: anorth3@cox.net



#### Joyce's Dog Obedience Services Inc.

Owner: Joyce Biethan Business Phone: 206-819-7297

Business Phone: 206-819-7297 Location: Snohomish, WA Email: joycesdogs@gmail.com Website: www.joycesdogs.com

Please visit the Directories at: www.caninewatertherapy.com for detailed informational listings for each of our members.

#### SUPPORTING BUSINESSES



#### **K9 Carts West**

Owner: Barbara Parks Business Phone: 360-321-2402

Location: Langley, WA
Email: k9cartswest@gmail.com
Website: www.k9cartswest.com



#### **Mystic Mountain Retreat**

Owner: Cindy Hill

Business Phone: 360-794-6388 Location: Monroe, WA Email: mysticmountainretreat

@hotmail.com

Website: www.mysticmountainretreat.com



#### NW School of Animal Massage

Owner: Lola Michelin Business Phone: 877-836-3703 Location: Fall City, WA Email: info@nwsam.com Website: www.nwsam.com



#### Pawsitively Styling

Owner: Dawn Farmer & Tim Gillam Business Phone: 360-435-5421 Location: Arlington, WA



#### River City Rover

Owner: Katherina French
Business Phone: 804-335-5474
Location: Richmond, VA
Email: rivercityrover@mac.com
Website: www.rivercityrover.com

#### SUPPORTING BUSINESSES



#### Ruff Wear, Inc.

**Business Phone:** 888-783-3932

Location: Bend, OR

**Email:** luckydog@ruffwear.com **Website:** www.ruffwear.com



#### Sam's Dog Hut

Owner: Sheila Palme

**Business Phone:** 715-262-4566

Location: Prescott, WI

Email: samsdoghut@centurytel.net Website: www.samsdoghut.com

#### **SUPPORTING FRIENDS**

Nicholas, Heidi & John
Natasha and Pavel
Catherine Lisa Van Camp
Jean & John Horsfall
Scout, Ellie, Andy, Two-Bits,
Sheba and Anita Gehring
Kathe Roat
Lisa and Honey
Leo, Kathy & Guido
Ani & Mister Magoo Grudin
Kim Biethan
Kathleen Keyes
Melinda Olson
Teresa Gillroy

