



The Splash !

The Official Newsletter of The Association of Canine Water Therapy

Dedicated to and Inspired by the Dogs in our Lives

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Summer 2008

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Ancient Earth and Animal Oneness Meditation Retreats for Animal Practitioners and Animal Lovers in Hawaii; A Sacred Way to Awaken and Balance Within



By Wendi Crandall-Amidon
www.naloshelingsartsforanimals.com

Aloha! Nalo's Healing Arts for Animals (Nalo's), a complimentary healing arts center for animals, is honored to offer meditation retreats in Hawaii for animal practitioners and animal lovers. These retreats were developed to balance and awaken self-healing for yourself and your career sharing with animals.

What is the retreat about?

By awakening, balancing and going within one recognizes their true self and higher purpose. I know first hand that meditation and going within promotes big mindedness or consciousness. Sharing with animals has to be a healthy balance between giving and receiving. One needs to self-heal before they can truly give to others. This is the foundation of any kind of complimentary healing work. One can give more fully to the animal kingdom if they feel gratitude, love, peace and light within themselves.

These retreats are designed to awaken and balance within by connecting and knowing ones true self or being. By honoring, blessing and noticing that everything is sacred and connected you can work from within or with your higher self. This awakened and balanced state can truly help heal oneself and facilitate others. At this retreat you will first be given techniques on how to awaken and balance yourself. You will then be given techniques on how to help facilitate the inner awakening and balancing of animals.

Canines are unconditional love. They are sponges and absorb our energy. It is imperative as animal practitioners that we balance our energy before sharing with these magical teachers. The more one can awaken and balance

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President's Message

What a great mix this newsletter represents of viewpoints and expanded curiosity and thoughts..... from energy medicine, tropical retreats to help strengthen the human-canine connection, to a one million dollar grant given to Washington State University to study the benefits of aquatic exercise on the human body.

The news of this grant given to the school at WSU on page 18 of this newsletter is very exciting. Their interest is to help doctors be able to prescribe water exercise to their patients and how it works. I particularly enjoyed the last paragraph where Dr. Becker ponders the non-tangible emotional benefits of water and begins to question and want to know more about the 'ahhhh' factor. The fact that the emotional benefits of water therapy and its relationship to healing the physical body is being researched is another validation that medicine is beginning to recognize and consider the mind/body connection.

Although this grant and research is in the human medicine field, the veterinarians are not far behind. The research that they are doing now in Tennessee and Florida on canine rehabilitation and the interest around the world on developing programs for animal rehab has increased dramatically in the last few years.

As we work in our pools in the area of canine aquatics, we can learn from this research and its findings and continue to better our work with our veterinarians in creating programs to help our canine friends and their human partners.

We are so fortunate to be involved in such a dynamic and growing industry.

Woof! 

Cindy

**2008 SPLASH SUBMISSION DEADLINES:
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**Submit your stories, testimonials, photos, product reviews, etc to:
newsletter@caninewatertherapy.com**



Dedicated to and Inspired by the Dogs in our Lives!

Photo by Nancy Levine ~ www.browneyesgallery

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Mission Statement:

The Association of Canine Water Therapy is dedicated to advancing the safe practices of canine water therapy through education, establishing industry standards and building a network of support.

Vision Statement:

To be an Association that inspires us all to come together as a profession, to build standards for our work and to bring opportunities to further our skills.



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Ancient Earth and Animal Oneness Meditation Retreats cont.

(Continued from page 1)

our gifts and talents the more we will soar to higher levels. I noticed that the guardians (owners) of the animals can effect their healing by what they say, feel and think. Healing is a kinship. There is an animal human connection. In this retreat one will learn how to get the guardian involved in the animal's healing because it is all connected. Techniques will include breathing, meditation, positive affirmations, and much more.

The islands of Hawaii are sacred and have such a powerful healing energy. This retreat helps one tap into this healing energy by honoring Mother Earth (Aina) and the Animal Kingdom (holoholona aupuni moi) through meditation and other healing art techniques. This will in turn enhance your inner talents or gifts to expand and grow.

Ancient Earth and Animal Oneness Meditation is a retreat that gives you an overview of the many ancient healing arts techniques straight from mother earth and the animal kingdom. Individuals or groups interested in this honoring retreat will be treated to healthy gourmet food to feed the heart and soul. We will also be staying at a beautiful residence located on or near the ocean that will promote deep relaxation, enhanced wellness, powerful transformation and soul consciousness. Individuals will awaken and balance within by participating in or learning about:

- ◆ sunrise and sunset meditations,
- ◆ the universal language of love and healing through music,
- ◆ balance within by connecting

- with dolphins and turtles,
- ◆ nature walks to be present and honor mother earth,
- ◆ the record keepers and connecting to spirits of nature through crystalogy,
- ◆ animal reiki principles,
- ◆ shamanic animal techniques,
- ◆ clearing and balancing techniques for practitioners or their work space,
- ◆ animal kinship techniques that balance the well-being of both companion animal and guardian (owner), and much more.

All of these activities fall under the Ancient Earth and Animal Oneness Meditation sessions. Each of these sessions include the following courses:

Ancient Earth Oneness Meditation

- ◆ Honoring The Creator, Mother Earth and Oneness
- ◆ Sacred Garden for the Soul Meditation
- ◆ Nature Spirit Walk
- ◆ Life Path Mission and Purpose
- ◆ Soul Awakening
- ◆ Sonic Music and Toning
- ◆ Crystals Essence
- ◆ Ancient Earth Oneness Meditation

Ancient Animal Oneness Meditation

- ◆ Honoring the Animal Kingdom and Oneness
- ◆ All Creatures Great and Small Meditation
- ◆ Water Spirit Blessings
- ◆ Shamanic Life Path Mission and Purpose
- ◆ Drumming Healing
- ◆ Animal Oneness Meditation
- ◆ Sacred Spiral Self-healing

Journey

- ◆ Sharing Love with the Sea Turtles (Honu) and Dolphins

When and where are the retreats?

The retreats will be offered three times over the next year. At this time we are considering offering retreats in October (2008), February (2009) and June (2009). They will be held in Kailua or Lanikai, Hawaii which are located on the island of Oahu (the gathering place). Please check out Nalo's website for more details and specific dates when the retreats will be offered.

Who will be leading the retreats?

Ancient Earth and Animal Oneness Meditation will be led by Wendi Crandall-Amidon. Featured Guest Speaker will be Dion Lawson-Shimabukuro.

Wendi Crandall-Amidon was inspired into this rewarding field sharing with animals thanks to a special dog named Nalo who awakened her spirit.



Nalo's seed for fulfillment is honoring All Creatures Great and Small

She was also motivated by her own rehabilitation and healing experience with complementary holistic healing

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Ancient Earth and Animal Oneness Meditation Retreats cont.

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arts after a broken back and cancer.

Previously, Wendi was an Elementary and Special Education Teacher (M.A.) for over 10 years and a Swim Instructor (W.S.I.) for over 20 years.

Animals have been a constant inspiration to Wendi, even when she was a child. She believes they helped guide her on her own healing journey to recovery from cancer. Now she is on her journey to repay the kindness, love and guidance that she receives from the Animal Kingdom.



Wendi, Kalama and Apaco in the spirit of Gratitude, Love and Light

Wendi Crandall-Amidon is the owner and operator of Nalo's Healing Arts for Animals. She is an Animal Reiki Master Teacher (RMT), Animal Communicator, Certified Soaring Crane Qigong Teacher (Level 1), Certified Animal Massage Therapist (SAMP), Certified Canine Aquatics Therapist (Hydrotherapist), Healing Touch for Animals® Practitioner (level 3), and a member of the Association of Canine Water Therapy (ACWT) and Association of Bodywork & Massage Professionals.

Dion's experiences, training and background has spanned Local,

National and International Realms. She is a Lifetime certified Reiki Master Teacher of International Resolve. She has been trained by Nisha Popat (Dr Usui Traditional Reiki Healing) and has conducted her practice in the United Kingdom and United States. As an Inspirational Teacher she has conducted such workshops as The Secret Law of Attraction, Self Mastery and Soul Development.

How do I attend?

Please fill out and mail the application form available at the Nalo's Healing Arts for Animals website. We can also mail you a copy of the application if you contact us via electronic or voice mail at the contact information below. Openings are limited to six individuals to a retreat to keep the experience personalized. Check the website or contact us for additional information on the dates and price for the retreats. Payments can be made by credit card on the website or by check.

What is Nalo's Healing Arts for Animals?

Nalo's Healing Arts for Animals is a complimentary healing arts center for animals in Kailua, Hawaii. Nalo's is a spiritual partnership that helps promote wellbeing for all animals nurturing their minds, bodies and spirits.

Our services include hydrotherapy, reiki, massage, Healing Touch for Animals®, bereavement and hospice services, aromatherapy, infrared system, gemstone therapy, light and shamanic healing techniques, canine self swims, rejuvenation and relaxa-

tion sessions (great for special occasions like birthdays, etc.), and animal reiki instruction/ certification.

Nalo's is also exclusively offering two new healing techniques: the Animal & Human Connection Technique (AHCT) and SonaTactic Energy Massage Therapy (SEMT) for animals.



SonaTactic Energy Massage Therapy Mat

AHCT is an experience of clarity where two certified healing practitioners use various healing techniques which guide and encourage both animal and human into a deep meditative relaxation. Benefits include a deepened sense of connection and wellbeing for yourself and companion animal, inner peace, insights into how your animal's and your energy profoundly affect each other, and a deeper healing for animal and human.

SEMT is one of a growing number of tactile sound therapies designed as a sound bed that convey sound waves directly to the animal's body. The ancient high cultures were well aware of the transformative power of music and how vibration affects the mind, body and spirit. SEMT is helpful in the treatment of pain, anxiety, depression, fatigue, and stress. These new

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The Splash !

Ancient Earth and Animal Oneness Meditation Retreats cont.

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approaches are helping animals emerge feeling deeply rested and energized.

Nalo's stands for ...

N-now, nurture, notice, nature, non-judgment

A-allow, accept, appreciate, align

L-love, listen, live, lifestyle, lighten up, lessons

O-oneness, open up

S-simplify, synchronicity, simplicity, service, silence, sacred



The pool at Nalo's

What inspired you to start Nalo's Healing Arts for Animals LLC ?

I was blessed with two loud and clear wake-up calls. The first was when a cave collapsed and a 500 lb boulder landed on my back. The second was being diagnosed with breast cancer at age 34. After two wake up calls I decided to listen to the messages the universe was giving me and change. Shortly after being diagnosed with cancer, a stray dog, Nalo, came into my life and awakened my soul. He inspired me to open my heart and work with animals. Once I followed my heart all these doors starting opening for me.

What did Nalo come to share with you?

The main lessons Nalo came to teach me were unconditional love, transformation and the power of strengthening our own healing process through the mind, body and spirit. He needed a lot of medical and complementary healing care. Makai Animal Clinic was crucial to Nalo's healing (Western and acupuncture) as was massage and reiki. This wise soul brought gratitude, love and light back into my life. Nalo touched many people's hearts. He left a legacy.

Do you work with veterinary services?

Most of my clients are referrals from

veterinary offices and word of mouth. When animal specialists network together and offer a balanced wellness plan we are honoring animals.

Any final thoughts?

Thank you to the ACWT, the heart of Canine Water Therapy, and the Northwest School of Animal Massage for providing such invaluable training, instruction and programs to honor the Animal Kingdom. 🐾



Gratitude, love and light to the Animal Kingdom, Mother Earth, Humanity, the Spirit World and the Universe (The Great Spirit) for making Nalo's Healing Arts for Animals possible!!!

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The Splash !

My Best Friend Heidi

By Carrie Smith of Pawsitively Pooched, Ltd.

It has been three weeks now since the horrible prognosis of grade 2b osteosarcoma in Heidi's right shoulder. That trip to the vet is the one that everyone dreads. The one that in your gut you know it is not going to be good but you tell yourself over and over to stay positive and to stay strong for your best friend.

Heidi had started limping on and off about a week prior. I had assumed it was her back end giving her issues. After her two knee surgeries 4 years ago she sometimes was stiff and would limp if we overdid it on exercise or lying around. I had figured that we had overdone it on the walking because we went for quite a few



May long weekend since it was so nice out. She had even gone swimming in

the river. She was having so much fun that weekend!!! Running through the long grass, bouncing around with a stick in her mouth, and rolling in the dirt. On the Tuesday, the day before the visit to the vet, I noticed that she was actually limping on her right leg. That afternoon she had gone lame. I called Dr. Dirk Dekens frantic. My worse fears were setting in. Cancer. I had seen it too many times in Rottweiler's. I had seen it happen to a friend's Rottweiler. I took Heidi into the pool and cried, praying for it to not be true. She knew she was sick and just sat there watching me. Trying to throw her toy, trying to swim. Being brave, being my strength that she had always been for me during

her beautiful nine year life.

Dr. Dekens stopped by the business on Wednesday, May 28th around 2:30pm. He immediately referred us to the specialist clinic. We arrived at Western on 10th Ave SW at 4:00pm. My boyfriend Kristen, sister Janet and parents were all there by 4:15.

The vet, Dr. Dave, was absolutely wonderful with Heidi. They took her to have an x-ray and I cringed. My mom asked me what my gut was saying. I told her it wasn't good; I knew too much. As bad as I wanted to be wrong. 20 minutes later the tech brought Heidi back and she was just booting it back on three legs, anxious to get back to me. We never left each other for very long, we were each others worlds. The tech said she was fantastic and I didn't expect anything less from Heidi; she had grown up working in a vet clinic with me. Shortly after, the vet came back to show Kristen and I the x-rays. It was confirmed that she had bone cancer in her right shoulder. We ran back to Heidi and the rest of the family to let them know. I went straight to Heidi and held on to her with all that I had. We left the vet clinic at 7:00pm that evening.

I was devastated. We all were. My best friend of nine years was so sick and even in that short time of knowing she was already deteriorating so quickly. We sat with Heidi under a lilac tree (Heidi's and my favorite) and discussed what to do next. I wanted to give her the best two days

I could and for us to say our good-byes at the pool with all her friends and family. Dr. Dekens would be there too. She loved him! That night neither Kristen or I slept. We made a bed next to Heidi on the floor downstairs. I was so torn. Was I doing the right thing? Was I giving up on my best friend? Was I doing what she

would do for me if she could? Could it really be cancer? I didn't know how I was going to go on without Heidi. She was everything to me over the last nine years. She had been through so much with me. She had been my rock. She moved across Canada with me, she had been through friends, boy-

friends, and jobs with me. She was the reason for opening Pawsitively Pooched. She had been my life, through the good and the bad. And she always had a wonderful way of making it good. She always had a great way to make me laugh, make anyone around her laugh and she had an incredible gift to pull people together. She is my guardian angel.

The next day, Thursday, my parents, Janet, Kristen and I took Heidi to one of our favorite off leash parks that overlooks the river and mountains. My good friend Heather even came out with us. We loaded Heidi into a baby stroller for she was having a



"She always had a great way to make me laugh, make anyone around her laugh and she had an incredible gift to pull people together."

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My Best Friend Heidi cont.

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really difficult time walking. We sat at our favorite place, fed her treats, took tons of pictures and gave her a ton of hugs and kisses. We all had so much fun. Reminiscing and laughing and of course crying. That evening we had a BBQ for Heidi. She even got to have her own steak and BBQ'ed carrots! She was so excited.



Carrie and Heidi

About 15 people stopped by to see Heidi and say their good-byes. She was so excited to have all these people there with her. It made her so happy. That night we let Heidi sleep in our bed for the fourth time in her life. Needless to say we didn't sleep much that night either. She was such a bed hog!! But we didn't care!! We wanted to enjoy every second we had with her.

The next day was movie and relaxing day with Heidi. We decided to watch *27 Dresses* because it would be mindless and funny. Halfway through the movie, we were laughing our heads off at something, and Kristen said to me – let's take Heidi to the mountains. I burst into tears. Heidi loved the mountains. My parent's and I always took her there, ever since she was four months old. It was the best place in the world to her.

We finished watching the movie, packed up a blanket, treats for Heidi and water and took off for the mountains. She was whining with excitement as soon as she figured out where we were going. Kristen and I took her to Barrier Lake and we lay out there with her for a few hours. We were next to the lake, we had a stream within feet, the sun was out and no one was around. It was so peaceful. We said our good-byes to Heidi. We told her how much we loved her and will always love her. We thanked her for everything that she had done for us and I apologized. Apologized for not knowing sooner. Apologized for her being sick and that I couldn't do anything about it. I had so much guilt inside of me. And I was so scared.

That evening we took Heidi to the pool for her last swim to be met by Brenda, Rachael and Lauren and about 10-15 other close family and friends. Brenda had set candles and flowers everywhere around the pool. It was incredibly gorgeous. My mom made chocolate chip cookies for us to all feed Heidi. She was allowed to have whatever she wanted and as much as she wanted. My mom, Janet, Brenda and I went into the pool with Heidi. For the first time, Heidi cuddled with Brenda and I. Completely out of character for her. She always wanted to show off and throw her toy around, but not that night. That night she just wanted to be held. The last swim was the perfect night, the perfect way to say goodbye to my very best friend. We all cried, laughed, and cried some

more. It was a true celebration of Heidi's life. The love and support that we had all around us that night was the most beautiful thing I have ever known and I thank Brenda with all my heart for putting it together so magnificently for Heidi. We gave Heidi kisses and hugs to last a lifetime, but it still wasn't enough.

I miss her more than anything, and I know I always will. Some have asked if I will get another puppy. I am not really sure. If I do it would be another

"The love and support that we had all around us that night was the most beautiful thing I have ever known..."

Rottweiler but for now I just want to live with Heidi's memory. So tonight, kiss and hug your wonderful pets and those that you love so much, life changes within seconds. I would give anything to have one more day with Heidi.

Thank you everyone for your support; the cards, the flowers, the gifts and the kind words. I do feel completely lost right now without Heidi, but I know it will get better. Everyone's support is helping to keep me strong and to remember that Heidi is everywhere around me. Thank you. 🐾



*Love always,
Carrie and Heidi*



Pet Pampering: Spa Time for your Best Friend

By Talia Goldenberg

“How is this dog still walking?” asked Ruth Ihlenfeldt’s veterinarian after looking at hip x-rays of Ihlenfeldt’s beloved twelve-year-old dog Tory. But Ihlenfeldt’s dog is not only still walking but is also in good spirits, and completely free from her previously used canine pain reliever. Instead of watching Tory limp around from hip dysplasia, Ihlenfeldt is spending time enjoying her dog’s pain-free activity because of help from owner and massage practitioner Cindy Hickman of Aquadog Spa in Kent, WA (pictured below). Ihlenfeldt says, “I have been able to keep Tory from having surgery, keep her away from traditional medicines that can have damaging side effects, and keep her healthy and happy.” Ihlenfeldt is not the only one to take advantage of the multitude of pet spa benefits. Pet spa facilities are becoming a common way to help, heal, and relax your pet. It’s time to ditch the dry biscuits and reward your pup with a trip to the doggy spa instead.



If you are a frequent spa-goer, you’re well aware of the benefits of a day at the spa. The soothing and healing therapies, however, can be equally beneficial for your pet. Not that the touch of your hand isn’t enough, but your four-legged friend would be equally grateful for some professional TLC. When it comes to unwinding and relaxing, you may think your pet doesn’t know the difference between the living room rug and the massage mat at your local pet spa, but you’d be wrong. Just like the relaxed daze that you fall into during your spa treatments, it doesn’t take long for your pet to warm up to the idea of a spa.

Often pet spas begin their sessions with a consult or thirty-minute massage to decide which route of treatment is best. This allows the therapist to become aware of tense or injured areas your pet may be suffering from and what they can do to help.

Some pets are immediately receptive and move their bodies on their own to show the therapist where they need work. Susan Hartzler’s dog Baldwin competed in agility and was the

number one Puli in the United States in 2001. A knee injury brought his activity to a halt, but not for long. He now runs into his personal therapist’s arms with ease at Dog Paddle Wellness and Hydrotherapy in Pasadena, California; Baldwin even backs up into place for stretching on his own when he gets there.

Treatments vary from bath and grooming to ear cleaning and nail trimming, and of course, massage. While it may seem extravagant to take your pet to the spa, there are a myriad of benefits to be had from a visit. Muscle strength and endurance can be built in the warm waters of a hydrotherapy pool for instance, while massage has been shown to help alleviate the aches and pains of both arthritis and old age.

Health Boost

Pet therapies provide both the pet and the owner with options, especially when the side effects presented from standard therapies are too risky, or when traditional medicine isn’t doing the trick.

Pet therapists can be solicited for surgery recovery, chronic pain cures, old age battles or simply health maintenance. Acupuncture is one way to possibly get your pet up and moving at his fullest potential.

“People are usually surprised at how well their pets do with needles,” says Dr. Jennifer Pearson, veterinarian at Rocky Mountain Small Animal Hospital in Littleton, Colorado.

Pet acupuncture assists your pet’s efforts to heal through physiological changes based on the “ancient Chinese medical philosophy that

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Pet Pampering: Spa Time for your Best Friend cont.

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disease is a result of an imbalance of energy in the body,” says Gary Levy, former president of American Academy of Veterinary Acupuncture. Acupuncture helps balance energy by stimulating circulation, relieving chronic pain, and releasing endorphins. To locate a veterinary acupuncturist near you contact the American Academy of Veterinary Acupuncture office by visiting www.aava.org.

Massage Therapy

Hickman explains that massage is great for an animal’s physical and emotional well-being. Among the benefits, massage provides relaxation, increases balance and coordination, and boosts blood flow. Dr. Jennifer Cermak, author of *The Home Spa Book for Dogs* (Quarry Books, 2005), and owner of Yankee Dog Retreat in North Reading, Massachusetts, suggests using massages as a training tool. “I often use a massage to help me trim my dog’s nails,” said Cermak. Taking your pooch to a designated “massage corner” can become a sign for an accomplishment after the dreaded nail trimming or bath.

Hydrotherapy

Hydrotherapy is perfect for dogs; it allows them to swim and play in a structured, completely non-weight-bearing setting that helps to build endurance and muscle strength. And as opposed to a free swim in a lake, Hartzler adds that hydrotherapy tubs enable pets “to start off slowly and build up, stretching and measuring muscle,” rather than bounding into a lake where they may become re-injured or overwhelmed by other dogs. In addition, athletic or high-energy dogs may find swimming to

be a harder workout than land exercise. Dog water aerobics gives Ihlenfeldt the opportunity to be involved in Tory’s program by getting into the therapy pool with the therapist and her pooch. “I started doing this to get Tory more comfortable with swimming in the pool and continue to do so because I have so much fun interacting with my dogs in the pool.”

Pet Camps

Dying to go on vacation, but don’t know what to do with your pet? Take your pet to an interactive getaway. The pet-friendly Hotel Monaco in Portland, Oregon, provides your pet with a special bed, treats, and walks or massages while you are away. Find other locations where your four-legged friend is treated like any other guest at www.letsgopets.com.

Pet spas are popping up all over the nation, spurring a new pet-wellness mentality. The pet care industry’s alternate route to a healthy and happy pet is slowly becoming a mainstream necessity in a pet’s lifestyle and with good reason. Whether you want to give the spa a shot for health benefits or bonding purposes, a pet spa experience has the ability to create a whole new pet before your eyes. Help your faithful companion stay healthy and relaxed with his or her own well-deserved royal treatment in the lap of luxury. The doggy robe may come in just as handy as your pup’s leash.

Take it Home:

Rules for Home Spa Pampering:

1. At the top of the list is, of course, plenty of love and attention.
2. Often overlooked, be sure to brush your pet’s teeth and gums with toothbrush and toothpaste (specially formulated for animals).

3. Don’t let your pet smell like a trashcan. Give your pet a good scrub down with gentle, edible, non-toxic shampoos and conditioners. Let bath time be fun.

4. A good scratch behind the ear is enough to get your pooch groaning, but step it up a notch. Take your pet spa council seriously and learn massage techniques that you can practice at home.

5. Create a special space for your pet. Your cat and dog deserve their own pillow and blanket.

6. Like to cook? Keep your pet’s meals healthy too. Your pet will jump through hoops for a good treat.

7. Exercise is the key to good health. Learn new hiking trails or play with your kitty so she doesn’t just hide, but actually seeks

8. Focus, focus. Look up local Doggy Yoga locations for intense relaxation, stretching, bonding, and obedience practice. Your pet may teach you a trick or two.

9. We can’t live without water and neither can your pet. Share that purified water in their special water bowl.

10. Let your buddy enjoy the tunes too. The soothing sound of music can lure you and your well-rested pet to sleep. 🐾

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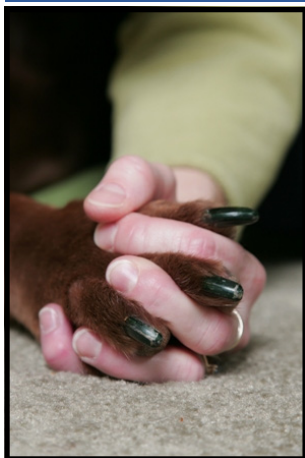
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The Splash !

Harnessing Energy in Animal Therapy

By Lola Michelin
of Northwest School
of Animal Massage



In the last newsletter, I introduced some unique educational opportunities offered by the Northwest School of Animal Massage that can be

used to enhance the work that hydrotherapists and massage practitioners do. This time around, I would like to take a closer look at two which specifically address the subject of energy.

Reiki is an energetic modality of Japanese origin. Reiki has become a popular therapy for people and you may have heard how well this subtle energetic force suits work with animals as well. Traditional Reiki training takes a three-pronged approach. First, an individual is guided through exercises and affirmations that connect you with your own personal energy field through a process called attunement. This training gives you the ability to create inner awareness, the first step to manifesting change.

In the next level of training, the practitioner can learn to identify the energy fields of others, to discern discord there and then to exert gentle influence toward that being with their

own energies. The work is accomplished through the lightest of contact, often working above the physical body for greater impact.

The final attunement in Reiki opens the doors to connecting to energy fields remotely in the form of distance healing. Attaining this level of Reiki is profound. With the complement of all three, we as practitioners can prepare ourselves to enter our work with strong, healing energy. We can direct that energy in a way that creates a shift in the field of the animal under our hands and we can even send that healing energy forth to an animal in preparation or as a follow-up to a session.

I like to use Reiki as a surgical support measure when I know a client is undergoing a procedure. While I may not be “present” in the surgical suite, I can provide remote support and begin to prepare the animal for the rehabilitation that lies ahead.

Reiki can also be used to support balance in the environment. As we face a time of extremes in our environment in the form of global climate change and resource depletion, there is a desperate need for increased awareness and conscious action. Many of you may already be making specific changes in your practices to conserve energy and stretch resources. Hydrotherapy in particular offers many opportunities to practice “right livelihood”, a Reiki practice of conscious choice for the good of the

whole. From using less harmful chemicals, maximizing efficiency in maintaining pool temperatures to minimizing laundry, we can increase environmental awareness and provide an ecologically sound example for our pet-owning clients.

The Northwest School of Animal Massage is practicing right livelihood by reducing waste, using recycled materials and offering education in both Reiki and Green Pet Practices. In August, we are offering a two-day Reiki workshop as well as a one-day

“Greening Your Pet” class. Consider joining us to explore either of these subjects and learn how they can improve the quality and impact of your work. As an ACWT member, you always save on education at NWSAM with your professional discount. 🐾

“As we face a time of extremes in our environment in the form of global climate change and resource depletion, there is a desperate need for increased awareness and conscious action.”

Editor’s Note: See page 25 for more information on the Member Benefits that are available from the NWSAM!



Lola Michelin, owner of the Northwest School of Animal Massage, has been a force in the field of animal massage for over 20 years. For more information about Lola and the Northwest School of Animal Massage, visit www.nwsam.com or call toll-free 877.836.3703.



The Splash !

March 2008 Meeting Recap

Reported by ACWT President Cindy Horsfall...On March 31, 2008 the ACWT enjoyed a wonderful meeting at Heavenly Spa in Fall City, WA. Besides the business portion of our evening, we enjoyed a presentation by Carolyn Anderson on ESSENTIAL OILS. There was a lot of sniffing going on and we all had fun with the 30-40 bottles of pure oils that she shared with us and discussing their medicinal and non- medicinal qualities.

Essential oils don't just smell great – they are really great to work with. I personally use them in all my house and spa cleaning. In my laundry when I go to dry a load, I use a drop of lavender oil on the corner of one towel and my entire load comes out softly scented of lavender. I use a few drops in the water I use to mop my floors and I use essential oil of Eucalyptus in a hose sprayer around my buildings in order to encourage bugs and fleas to go somewhere else.

Its important that we all understand though, that dogs have 200 million scent receptors in their nasal folds and we only have 50 million. So be careful when using these around dogs or when applying them to dogs. Always dilute carefully and consult with a trained specialist as you learn how to use these in your life.

How to use essential oils with your dog:

Massage

Add one drop of essential oil to 1/2 tsp. carrier oil, such as jojoba oil, sweet almond oil or olive oil. Massage into hairless or least hairy area of the skin, such as the armpit, groin or inner thigh. Massage gently for 3 - 4 minutes. Do not apply undiluted essential oil directly to your pet's skin. Always let your dog sniff the oil and do not use if they turn away or do not show an interest in the oil.

Diffuser

Add a few drops of essential oil to the water in a diffuser. Leave your dog in the room with the diffuser for about 30 minutes, twice daily, while the oil is evaporated into the air your dog will breath it in.

Some useful oils to use for our canine friends are:

AILMENT	ESSENTIAL OILS
aggression	sandalwood, ylang ylang
arthritis	juniper, birch, pine, thyme, rosemary, sandlewood
cancer	rosemary and ylang ylang
digestion problems	caraway & coriander
diarrhea	cinnamon
fleas	citronella
hyperactivity	lavender, chamomile
infections	lemon combined with sage
nervousness	chamomile, lavender, lemon, neroli or marjoram
painkiller	lavender & marjoram
skin irritations	tea tree
sprains	rosemary, juniper or birch

Always be conservative when using essential oils and consult with a specialist for more information.

In regards to future meetings of the ACWT:

It was discussed that since a majority of our membership lives outside of the Pacific Northwest, and therefore can not attend these meetings, that we should spend this money on things that would benefit all members. Therefore the budget that we've had for the meetings will be moved to national advertising and promoting our members.



The Splash !

Could It Be Your Fabric Softener?

Information provided by:
The Global Campaign
for Recognition of
Multiple
Chemical Sensitivity
www.mcs-global.org

Prepared by Julie Fleming MCS
Global Georgia
State Coordinator

Sometimes it's hard to believe that health problems can arise from the simplest products used in every day living. Turns out that the chemicals used in fabric softeners can cause serious trouble with your central nervous system! Exposure can be through inhalation from the exhaust of dryers or from skin contact with the treated fabrics.

SYMPTOMS INCLUDE (BUT ARE NOT LIMITED TO):

- ◆ DISORIENTATION
- ◆ DIZZINESS
- ◆ HEADACHES
- ◆ MEMORY LOSS
- ◆ NECK AND SPINE PAIN
- ◆ DERMATITIS

Researching fabric softener ingredients from their Material Safety Data Sheets is enough to make me stop using any of it. Let's look at a few of the toxic chemicals in fabric softeners:

Alpha-Terpineol: "highly irritating to mucous membranes"... "aspiration into lungs can produce pneumonitis or even fatal edema"... "can also cause loss of muscular coordination"---- "Prevent repeated or prolonged skin contact".

Benzyl Acetate: "Carcinogenic (linked to pancreatic cancer). "from vapors: irritating to eyes and respiratory passages, exciting cough"...."can be absorbed through the skin causing systemic effects"... "do not flush to sewer".

Benzyl Alcohol: "irritating to the upper respiratory tract"... "headache, nausea, vomiting, dizziness, drop in blood pressure, depression, and death in severe cases due to respiratory failure".

Camphor: On EPA's Hazardous Waste List. "readily absorbed through the body tissues"... "irritation of eyes, skin, nose and throat"... "dizziness, confusion, nausea, twitching muscles and convulsions"... "avoid inhalation of vapors".

Chloroform: "probable human carcinogen. Inhalation and ingestion are harmful and may be fatal. May cause reproductive damage. Irritant."... "may cause dermatitis".

Ethyl Acetate: Narcotic. "may cause headache and narcosis"... "may cause anemia with leukocytosis and damage to liver and kidneys"... "wash thoroughly after handling".

Limonene: Carcinogenic. "prevent its' contact with skin or eyes because it is an irritant and sensitizer"... "always wash thoroughly after using this material and before eating or drinking"... "do not inhale limonene vapor".

Linalool: Narcotic. "respiratory disturbances"... "in animal tests: ataxic gait, reduced spontaneous motor activity and depression... depressed heart activity... development of respiratory disturbances leading to death".

Pentane: "danger—harmful if inhaled... avoid breathing vapor"... "inhalation of vapors may cause head-

ache, nausea, vomiting, dizziness, drowsiness, irritation of respiratory tract and loss of consciousness. Prolonged exposure can cause dermatitis".

WHAT TO LOOK FOR:

AVOID fabric softeners that contain benzyl acetate, formaldehyde, camphor, chloroform, ethyl acetate, pentane, linalool and limonene. **FIND** fabric softeners made with natural ingredients not toxic chemicals.

HEALTHY TIPS:

ADD baking soda to your rinse cycle. **VINEGAR** is a natural fabric softener - add ½ cup to your wash cycle.

WASH and dry cottons and synthetic fabrics separately. **SYNTHETIC** fabrics contribute to static cling so consider not using your dryer for nylon, rayon and other synthetic fabrics. 🐾

RESOURCES:

<http://members.aol.com/enviroknow/perfume/fabric.htm>

<http://coastalpost.com/99/5/4.htm>

<http://www.sierraclub.org/sierra/2002>

"Turns out that the chemicals used in fabric softeners can cause serious trouble with your central nervous system!"

Natural Solutions to Fabric Softeners

Fabric softeners can build up on clothing, making them look dull. They also hinder the absorptive abilities of towels, so if you do choose to use them on other clothing, never use them on towels.

In terms of health risks, however, a study in the May 2000 issue of the Journal of Toxicology and Environmental Health found that they emit, among other chemicals, the neurotoxins toluene and trimethylbenzene, styrene (a possible carcinogen), the respiratory irritants phenol and xylene, and thymol, which can cause abdominal distress.

Finally, laundry products sometimes contain optical brighteners intended to make clothing appear cleaner. These brighteners can rub off fabrics onto skin and cause rashes.

Natural Solutions

Let's start with laundry. If you're concerned with static cling, you don't need to use dryer sheets that clog up your lint filter and your neighbor's lungs. Just add about one-fourth cup of plain vinegar to your rinse cycle and static cling will be a thing of the past.

If you want your natural fiber clothing to be softer, just add some baking soda to your wash. It's also a great deodorizer in the laundry, as well as in the refrigerator.

A little on a sponge makes a gentle, non-abrasive cleanser to wash dishes, the surface of your stove and the inside of your oven. For baked-on goo, just sprinkle some baking soda and hot water on the mess, leave overnight, and wipe off with a scrub sponge in the morning.

According to the Hawaii Department of Health's "Alternatives to Household Hazardous Products," the problem is that "detergents are derived from scarce petroleum, are non-biodegradable and usually contain chemical additives such as fragrances and colors.

Detergents cause more child poisonings than any other household product.

Automatic dishwashing powders contain high concentrations of phosphates which, when released into streams and storm drains, kill fish and other aquatic life."

For a non-toxic, biodegradable, fragrance-free dish soap, Seventh Generation now makes a Free & Clear version for the sink and automatic dishwasher.

Or you can use the old favorites, Borax or baking soda, which work especially well in hard water because of their alkalinity.

There are now many fragrance-free, chemical-free laundry detergents available.

Borax works great as a laundry soap on its own as well as to boost brands such as Country Save and Seventh Generation. They're now available in more and more supermarkets as well as health food stores.

Or opt out of laundry soap altogether by using Laundry Disks or natural "Soap Nuts." Don't be fooled by national detergent brands that say they are "unscented." They usually contain masking fragrance that can be just as irritating to your skin, lungs and nervous system. 🐾



Seventh Generation Fabric Softener, Blue Eucalyptus & Lavender

Ingredients: Aqua (water), methyl bis (cannola amidoethyl)-2-hydroxyethyl ammonium methyl sulfate (canola-derived fabric softener), essential oils and botanical extracts (lavandula angustifolia (lavender), lavandula hybrida (lavandin), eucalyptus dives, eucalyptus radiata, eucalyptus ploybractea, pinus sylvestris (pine)), calcium chloride (cleaning enhancer), hexahydro-1,3,5-Tris (2-hydroxyethyl)-s-triazine (preservative, less than 0.05%).

**Linalool is a naturally occurring component of these ingredients. Trace materials are commonly present in cleaning product ingredients.*

www.seventhgeneration.com

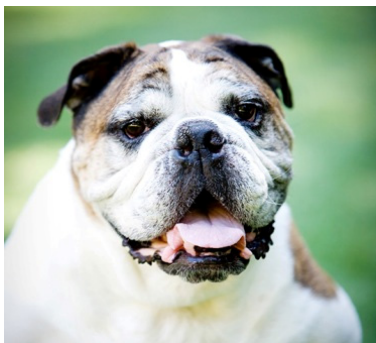


Soap Nuts are the dried fruit of the Chinese Soapberry tree (Sapindus mukorossi), similar to the lychee. A long time ago, local folks in South East Asia figured out that when the nuts get wet, they release saponin, a natural cleaner, making them great for washing clothes! Maggie's Soap Nuts are the only household cleaner made exclusively from Nature, by Nature.

www.maggiesspureland.com

Sink or Swim!

Rating Canine Water Toys



Brodie Fisher is an 8-1/2 year old English Bulldog who owns Sandy Fisher, owner of K9 Aquatics in Sammamish, WA and The Splash's Editor. Brodie has been swimming since his CCL surgery in July 2003. He loves toys therefore, he has been testing a new canine water toy each issue. However, in May, Brodie had another knee surgery on his right leg. Two weeks after the surgery, Brodie's left hock dropped and he was unable to walk very well. Brodie then descended into a nightmare of health issues. A month after his surgery, it was confirmed that Brodie has osteosarcoma of his spine. The tumor is pressing on his sciatic nerve and therefore, he is virtually paralyzed in his rear end and is bladder and bowel incontinent. In addition, he is experiencing chronic diarrhea which no one can not find a cause of or a cure for. This means that Brodie is unable to swim at this time. Not only is his spine unstable and prone to bone fractures with too much activity, the diarrhea would create a health issue in the pool. He is going through a course of three radiation treatments, although it is more to keep the tumor from growing and causing pain than it is to try and cure the cancer. In the meantime, Brodie will take a break from rating swim toys and will rate his favorite new mobility aids.


K-9 Carts

K9 Carts is the original pet mobility company. Co-founded by Barbara Parkes, Barbara has owned and operated the company for over 30 years. K9 Carts continues to provide their customers with the same outstanding products and care they have come to know and trust. Their pet wheelchairs set the industry standard and have been proven with over 35,000 happy pets! They are committed to providing the best customer service and support in the industry. With their pet wheelchair, a caring owner, and proper nursing care, pets that were previously immobile are able to enjoy a renewed zest for life and become an active member of the family once again.



K9 Carts
www.k9-carts.com
800-578-6960
Prices start at \$300
Other nursing care products available

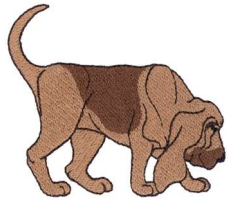
Brodie's Rating: *Since we live in the vicinity of K9 Carts in Washington State, we set up a fitting appointment. At the time, we didn't know Brodie had cancer but thought we would have a long rehab process. Barbara was wonderful to work with and they made his cart for him the same day. Bulldogs are hard to fit and they did a wonderful job. In the last 1-1/2 months, Brodie has lost about 15 pounds (mostly muscle mass) and his cart was not fitting as well. I sent Barbara a video and some photos of Brodie in his cart and she promptly sent instructions on refitting him. We are also invited to visit at any time for a refitting. Not only has the cart provided some mobility for Brodie which has helped boost his spirit, it has also become a necessary part of our daily bladder expression routine. The cart allows Brodie to stand making it much easier to fully express his bladder. The K9 Cart has been a true blessing to all of us! 🐾*

Brodie rates this product...
SWIM!!


Editor's Note: If you have tried out any of Brodie's Sink or Swim toys or products or have a new toy or product to rate, please send in your comments and/or pictures to me at newsletter@caninewatertherapy.com.

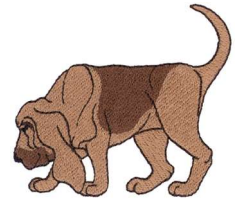


The Splash !



Sniff This!

~A Look at Products NEW to our Industry~



Pro Collar® ~ The Pet-Friendly Protective Collar

No more lampshades! The Pro Collar® is an inflatable protective collar for preventing biting, licking and scratching of post surgery sutures, rashes and injuries. The canvas lined outer jacket is scratch and bite resistant protecting the air bladder inside. The Pro Collar® is easily placed around the collar of your pet and is adjustable with a Velcro® strap.



- ◆ Recommend by Veterinarians.
- ◆ Extremely well tolerated by dogs and cats.
- ◆ Doesn't interfere with eating or playing.
- ◆ Scratch and bite resistant. Won't mark or scrape furniture.
- ◆ Zippered canvas lined outer jacket protects inner air bladder completely.
- ◆ Adjustable Velcro® straps.
- ◆ Washable.



**Available at many local
and online pet stores.
Prices range from
\$17.99 to \$29.99.**

Sizes*:

- X-Small – up to 6" (teacup breeds and cats)
- Small - 6" to 10" (Jack Russels, Shelties)
- Medium - 10" to 13" (Border Collies, Spaniels)
- Large - 13" to 18" (Labs, Golden Retrievers)
- X-Large - 18" and up (Rottweillers, Mastiffs, Great Dane)

**for larger breeds with longer legs, always size up.*

ALTERNATE USE FOR THE PRO COLLAR®

The Pro Collar® is a great tool to use in the pool. It keeps a dogs' ears out of the water to eliminate head shaking and also keeps the chin out of the water. This can also reduce the amount of neck tension a dog experiences.



*Elmo Lindy at
Wag-n-Swim in
Atlanta, GA*



Emma Yamamoto and Sierra Hall at K9 Aquatics in Sammamish, WA



Ask The Pool Guru!

Ask The Pool Guru

Got questions about water quality, chemistry, or equipment?

Email Karen Hunter at:

poolguru@caninewatertherapy.com

TEST YOUR POOL CHEMICAL IQ

Do you know what you are putting in your pool ?

Chemicals are a necessary part of pool maintenance. As much as we would like to eliminate them, it just isn't practical (or safe) to go without.

However, it is vitally important that you understand what is in the chemicals that you do use, and also *when* they should be used. Without that understanding, you may be adding many more things than you need to, or in some cases actually doing harm to your clients and/or your pool systems.

Here's a quick true/false quiz to test your pool chemical IQ.

1. You should never use "plain" chlorine – instead, use dichlor or trichlor which are specifically made for pools.
2. You should add a flocculent (blue clarifier) once a week.
3. Stains on your pool are a sign of metals in the water.
4. You should shock your pool once a week.
5. If your water is crystal clear then it's safe to swim in.

ANSWERS:

#1: FALSE

While it's true that dichlor and trichlor are specifically formulated for pools, it isn't true that you should *always* use them. Dichlor and trichlor combine chlorine with cyanuric acid,

which acts as a stabilizer. Stabilizer is a must in outdoor pools because sunlight can cause chlorine to dissipate very quickly. However, very little (if any) is needed in indoor pools. Even more important is that chlorine is used up and must be replaced, whereas the stabilizer stays around. So every time you add the dichlor or trichlor to the pool, you're adding more stabilizer that you probably don't need. It will build up over time, and it can even reach the point where it interferes with the chlorine's ability to work. Then things go haywire in a hurry! The only way to remove it is to drain and replace the water.

You can avoid this by not adding stabilizer if you don't need it. Stabilizer can be purchased separately (it is usually sold as 'conditioner'), and you can use it with plain chlorine (calcium hypochlorite). Test strips can be used to ensure the proper levels of both the chlorine and the stabilizer.

NOTE: Chlorine in any form should be handled carefully, and always follow directions on the packaging. Do not mix products.

#2 FALSE

Flocculants are often referred to as "blue clarifiers". They are useful when you have cloudy water due to tiny particles that are so small they pass through your filter. The flocculent works by causing these smaller particles to stick together into larger ones. The larger particles can then be trapped in the filter or will fall to the bottom of the pool where they can be vacuumed up.

Flocculants are generally safe to use. They are basically inert polymers –

not likely to cause a problem for swimmers or react with other chemicals in the pool. The problem with the statement is "once a week". If you have adequate filtration and circulation, then adding a clarifier once every two or three weeks is probably sufficient. Don't assume you need one just because you see cloudy water. After heavy use your water will probably be cloudy for a few hours until your filter has a chance to catch up. When the water is still cloudy after several hours, then a clarifier may be called for.

You need to know that too much flocculent can actually have a reverse effect – it can make your pool cloudier than it was before !

#3 *Maybe TRUE, maybe FALSE*

Stains on the side of your pool MIGHT be caused by metals. However, they might also be caused by algae or other organics.

It seems logical that a rust colored stain is a sign of iron in your water, so you might purchase a product designed to remove it. However, most metal removers add phosphates to the water, and algae LOVE phosphates. If your stain is actually algae, then using the metal remover will cause the algae to multiply rapidly, making things MUCH worse.

The key here is to determine what is really causing the problem before you try to treat it. First, try a little pH reducer on the stain by putting the powder in an old sock and placing it on the stain for a few minutes. The acid in the pH reducer will remove metal stains, but will have little or no effect on algae. Alternatively, try a little laundry bleach or pool chlorine,

(Continued on page 17)



The Splash !

Ask The Pool Guru! cont.

(Continued from page 16)

which should remove algae but won't affect metal stains. Better yet – take a water sample to your pool store to be tested for metals.

Once you know the real cause of the problem you can use the proper treatment to correct it.

#4 FALSE

Yes, you should shock your pool. However, depending on your pool and the use it gets, you might need to shock every day, once a month, or never. There is no magic number to determine how often to shock.

Shocking is a way to remove organics from your water – body oils, perspiration, saliva, skin cells, and all the other goodies that are introduced into the pool when we climb in. If we fail to remove them, then our sanitizers can be rendered ineffective. How often you need to shock is affected by the swimmer load, pool size, and type and level of sanitizer.

To determine when to shock a chlorinated pool, simply measure the free

chlorine and total chlorine. When the total is more than 1 ppm greater than the free, shocking is recommended. In a brominated pool, use shock when the bromine levels drop. Add the shock in small increments, since it will cause your bromine levels to rise quickly.

#5 FALSE

Water that looks good is only one indicator of a well maintained pool. Clear water could still be way off in pH, which would result in red eyes and skin irritation. Clear water could also have dangerously high levels of chlorine or bromine, excessive bacteria counts, or undesirable nitrates or ammonia.

On the other hand, perfectly safe water might appear cloudy due to small bubbles caused when air is introduced into the pipes, or suspended particles of inert materials.

Your eyes and nose are good starting points for measuring water quality, but they aren't a guarantee. Water testing is critical. Test strips that measure the critical things (pH,


sanitizer level) are inexpensive and easy to use.

IN CONCLUSION

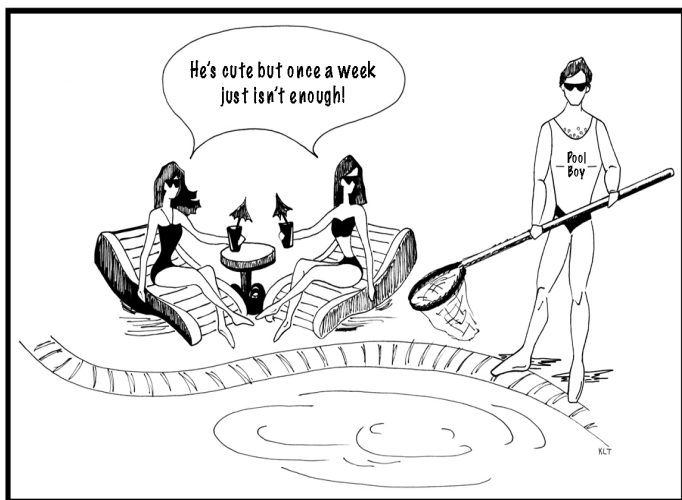
Wouldn't it be nice if we could just have a tablet that we added to the pool once a week that would keep the water clean, clear, and safe? Sadly, it doesn't exist. What your pool needs is not only different from the pool down the street, it is also different from one day to the next. The best way to keep out of trouble is to be educated. A knowledgeable pool professional is worth their weight in gold. They will test your water (usually for free) and help you find a targeted solution.

In short: Test before you treat, and don't treat for a problem you don't have.

Happy swimming !

Karen 

Karen Hunter
Mega-Dogs
22609 102nd Ave SE
Woodinville, WA 98077
425 487-3078
karen@mega-dogs.com
www.mega-dogs.com/



by Karen Theusen

If you are going to work in or own a pool for canine water therapy, you will need to learn something about pool maintenance. Unfortunately this is one area that you can't completely delegate to someone else...



The Splash!

\$1M Grant Advances Aquatic Exercise Research

By Julie Titone

PULLMAN, Wash.—Thanks to a \$1 million grant from the National Swimming Pool Foundation, two Washington State University researchers will continue to explore the benefits of aquatic exercise, which range from improving athletic performance to fighting obesity. “Water affects our hearts, lungs and endocrine systems,” said Dr. Bruce Becker, a physician and a research professor at WSU’s College of Education.

Becker and Assistant Professor Kasee Hildenbrand want to find ways to make the most of aquatic exercise. How long should a person stay in the water? How warm or cold should the water be?



Bruce Becker and Kasee Hildenbrand in their WSU aquatic laboratory

The National Swimming Pool Foundation has supported the aquatic therapy research for three years. Its latest grant will pay for staff and equipment, allowing the researchers to create a National Aquatics and Sports Medicine Institute -- which, Becker said, will establish WSU as the nation’s premiere center for aquatic research. “There is no other lab with this mission and focus. The

addition of the \$1 million grant gives us tremendous movement forward.”

Hildenbrand teaches in the College of Education’s movement studies program and directs its athletic training education program. She and Becker conduct their research in what is now called the National Aquatics and Sports Medicine Laboratory, located in the Bohler Gym Addition. Their first respiratory study compared the effects of exercise on land to exercise in the water. The subjects were students of varying body fat, weight and fitness levels.

“We’ll be adding brain wave variables next year, and working with Tim Freson on asthmatics and aquatic exercise,” said Hildenbrand. Freson is associate director of research at WSU’s Health and Wellness Services. The research piques the interest of many students. “We have no trouble finding students interested in sitting in the tub,” said Hildenbrand. The lab will be looking for non-student research subjects, too, as the researchers examine the impact of aquatic rehabilitation on such medical conditions as asthma, hypertension, osteoporosis and obesity.

Hildenbrand plans to incorporate the aquatics lab research findings into WSU’s undergraduate athletic training program, so its graduates have a sound scientific basis for the exercise advice they give to clients. As it is, a lot of advice given in the sports world is not evidence-based. For example, Becker said, football players spend time in chiller tanks after practice because they say it makes their legs feel better.

“I have a gut feeling it works, but there is no science looking into the physical effects of standing waist-deep in 52-degree water for 45 minutes,” he said. “We can measure things like blood flow, muscle oxygen delivery, and other measures that can really make chiller tank immersion more beneficial.”

Becker’s goal goes far beyond educating the athletic community.

“We need medical professionals to understand and use the benefits of aquatic therapy. And the public needs to know, because you can safely do it on your own,” he said. He imagines Oprah telling the world about the benefits of water exercise.

Becker first became excited about aquatic rehabilitation when he worked in Eugene, Oregon, and saw how it much it helped injured Olympic runners. But he was dismayed that there had been little research into its effects since before astronauts were sent into space. “Immersion is as close to weightlessness as there is on Earth,” he said.

In the last 30 years, he has written and lectured extensively on the subject. In April 2007, he retired from his Spokane clinical practice in order to devote full-time to research.

A longtime master swimmer, Becker is fascinated by the mental as well as physical benefits of immersion.

“Water exercise rivals meditation,” he said. “You feel good, better than you do with other exercise. I want to find out what that ‘aaah’ is about.” 🐾

Buddha Dog

By The Associated Press



NAHA , Japan -- At a Zen Buddhist temple in southern Japan , even the dog prays. Mimicking his master, priest Joei Yoshikuni, a 1 & 1/2 -year-old black-and-white mixed breed named Conan joins in the daily prayers at Naha's Shuri Kannondo temple, sitting up on his hind legs and putting his front paws together before the altar. It took him only a few days to learn the motions, and now he is the talk of the town.

"Word has spread, and we are getting a lot more tourists," Yoshikuni said Monday.

Yoshikuni said Conan generally goes through his prayer routine at the temple in the capital of Japan 's southern Okinawa prefecture without prompting before his morning and evening meals.

"I think he saw me doing it all the time and got the idea to do it, too," Yoshikuni said.

The priest is now trying to teach him how to meditate. Well, sort of.

"Basically, I am just trying to get him to sit still while I meditate," he explained. "It's not like we can make him cross his legs." 🐾

What Does Water Therapy Mean To You?





The Splash !

Hydrotherapy Business For Sale


Dear friends:

As you probably know Jens and I have devoted the past 4 years to building, promoting, nurturing and supporting the VITAL K9 POOL in Errington. It's been a great journey and has now culminated in a thriving business with some of the most special dogs and people we've ever met. No longer do people look at us sideways when we say we run Vancouver Island's only canine pool, no longer are the canines of Vancouver Island left to their own devices when hydrotherapy and water-based exercise is called for. Few places in North America have such a facility close at hand and we are so proud to have come from nothing to a now indispensable service in British Columbia - the dogs deserve it after all!

But it's time for us to move on ... we have pups of our own vying for our time, new ideas to realize and we've reached our goal: we have established a centre of canine wellness and rehabilitation on Vancouver Island and a thriving, self-perpetuating business. We feel it's time for new blood and someone else to take over at the helm - our work is done here and the next chapter should begin.

So now the dilemma: how do we find the perfect successor for the VITAL K9 POOL? We have a wonderful and loyal customer base and feel very strongly that they should not be let down by pool closure. We are looking for a dedicated, dog-loving buyer, capable of bringing new ideas and boosted energy to this place. It's a wonderful opportunity for someone with veterinary, dog training and/or rehab knowledge, but equally feasible for the dedicated layman - just look what us novices have achieved so far. Not only is it a wonderful facility, it also comes with a super home and property on acreage. Most of you do not know that we have a lovely 2,700 sq ft house with many great features, large garage/shop and various fenced paddock areas, perfect for dogs to exercise and train, or for your horse/goat/alpaca! The pool, house and land form an amazing package at a mid-isle location that is much sought-after.

Finally, we must ask for your discretion. Our customers will be very unsettled to learn that we wish to sell and move on and so we are trying to make this a smooth transition, with minimum interruption to the dogs who truly do depend on us. We wish to get word out to the caring dog community and find our perfect buyer. We will NOT consider selling unless we find a successor for the pool - this is a canine pool business first and foremost, with house and land an added bonus (not the other way round). We are looking for someone to take it on as a going concern and ensure that Vancouver Island is never without its special pool. Can you help us? Know of someone who might be interested? Please direct all enquiries to us personally. We will happily furnish you with all you need to know.

With Splash! Woof! Wags!
Chrissie & Jens Diron & the Vitali Vizslas 

www.vitalk9.ca





The Splash !

Members Corner

REAR BOOSTER TESTIMONIAL

"I have been swimming my 12-1/2 year old Doberman at Joshica's Planet Canine since August 2006. She is a post Spindle Cell Tumor surgery gal. For the first year, she only walked the step (chest high water level) because she would get startled out in deeper water. The more buoyant I made her, the more she panicked and thrust her head under water. In January of 2008, I tried the Rear Booster as a small flotation device past her rear legs, but behind her rib area. The Rear Booster gave her confidence to swim on her own! She is now swimming 10 feet at a time and three times a session. I am confident that she will progress rapidly to more 'laps' as she gains strength in her hind limbs. She is also now walking up and down some stairs at home on her own! Thank you for helping my girl live a longer life!" *Ann Missad, K-9 Rescue Transport, Mishawaka, IN*



The Rear Booster in use

For more information on the Rear Booster, visit <http://www.caninewatertherapy.com/pdf/RearBoosterBrochure.pdf>. ACWT Members receive special pricing. Visit the Members Area for more details on how to order. 🐾

ACWT Member Sandy Hodges wanted to remind people to know the adverse reaction of drugs before they are administered to their pet:



"My 4 year old dog Ralphie (short for Raphael-- I adopted him last year after I lost Isabelle my 14 year old Shepherd) went into renal failure last week and almost died from a toxin. A month ago he was put on Previcox after he developed a lump that we thought was due to a bug bite. He kept getting sicker and sicker and it was not until he ended up in the hospital that I researched this drug. He had many adverse reactions noted for this drug. My Vet will only acknowledge that the drug might have caused his illness. After 3 days in the hospital getting IV fluids, we brought him home on Saturday for the weekend to spend some final time with him because it looked like

he was not going to make it. He was not doing very well--lethargic, throwing up, unable to eat. Sunday morning (yesterday) I decided to put him in the pool. Thank God I did. I held him on the steps for quite a while which seemed to help him relax. Shortly after the pool time, he seemed to be feeling better and later that day was more active and ate a little turkey breast. Today (Monday) I took him for blood work. He pulled me into the Vet's office barking at everything. My Vet was amazed and commented, "this dog is as tough as nails." His blood work looks better and indicates some kidney function. Earlier in the week he had none.

He is stable now but we do not know the extend of the damage to his kidneys or possible damage to other organs. He is by no means out of the woods but we have hope. We are taking it one day at a time.

I have a lot of guilt because I administered the drug and it did not occur to me to read about it in advance of administering it. Also, I had no idea how harmful anti-inflammatory drugs could be. Over 3,000 dogs have died and over 22,000 damaged as a result of Previcox." 🐾



The Splash !

Upcoming Training Opportunities

LA PAW SPA Training Opportunities in Washington State

The Heart of Canine Water Therapy ~ Level 1 ~ Instructor: Cindy Horsfall, LMP, SAMP, CWP

November 1-6, 2008 ~ in Fall City, WA
November 8-13, 2008 ~ in Fall City, WA
April 18-23, 2009 ~ in Fall City, WA
April 25-30, 2009 ~ in Fall City, WA
August 2-7, 2009 (Modified) in Sequim, WA
November 7-12, 2009 ~ in Fall City, WA
November 14-19, 2009 ~ in Fall City, WA

The Heart of Canine Water Therapy ~ Level 2 ~ Instructor: Cindy Horsfall, LMP, SAMP, CWP

September 20-26, 2008 ~ in Sequim, WA
August 8-14, 2009 ~ in Sequim, WA
September 19-25, 2009 ~ in Sequim, WA

Tool Box Clinics in Sequim, WA

TTouch (and how it is applied in water) ~ June 2009 ~ Instructors: Cindy Horsfall and Lynda Coote
Energy Medicine (and how it is applied in water) ~ Sept. 2009 ~ Instructors: Cindy Horsfall and Dr. Kathy Kormack

Visit www.lapawspa.com for more information.

Other Training Opportunities

Northwest School of Animal Massage

Animal Acupressure Online and On-Site Training Courses
Various dates and locations
www.nwsam.com

Tallgrass Animal Acupressure Institute

Animal Acupressure Online and On-Site Training Courses
Various dates and locations
www.animalacupressure.com

Spirits in Transition

Practical and spiritual considerations for providing end-of-life care for our animal companions
Various dates and locations
www.spiritsintransition.com

Would you like any wine and cheese with that water therapy?

Last month there was a Bichon Bash at La Paw Spa and while Bichon Moms strolled around with their cheese and crackers, these student therapists took their Bichons in for a dip in the pool.

A fun time was had by all!





The Splash!



MEMBERSHIP APPLICATION

Your Name Date

Business Name Website Address

Type of Business

Services that you provide

Address

Email Address Phone Number(s)

Check the Level of Membership you are applying for below:
If you need additional information on any level, please visit www.caninewatertherapy.com.

Amount Enclosed:

- Facility Owner (Pools & Treadmills) in the US or Canada ~ \$150 _____
(renewal rate will be \$120)
 - For Directory purposes, check this box if you also work in the water
 - For Directory purposes, check this box if you are also a veterinarian
- Individual (Therapist/Swim Assistant/Student/International) ~ \$60 _____
(renewal rate will be \$45)
- Supporting Veterinarians ~ \$45 *(renewal rate will be \$30)* _____
- Supporting Businesses ~ \$45 *(renewal rate will be \$30)* _____
- Supporting Friends ~ \$30 *(renewal rate will be \$30)* _____

Additional Services Available (check all that apply):

- Your own email account/web-mail box ~ \$25 *(renewal rate will be \$10)*
*If you chose this option, list 2 preferences (ie: chorsfall@caninewatertherapy.com)
for your email address below:* _____

- Additional contribution to benefit our organization (any amount) _____

TOTAL AMOUNT ENCLOSED: _____

**(while supplies last)*

Page 1 of 2

Please give this application to a friend!



The Splash !



Thank You for your support!!!

MEMBERSHIP APPLICATION

Upon receipt of your application, we will send you a member packet and your free ACWT Static Cling Decal (while supplies last)!

For your listing in our directories, please describe your services below – please limit to 250 words:
(if you are joining as a Facility Owner member, you can provide 2 listings - one as a Facility Owner and one as an Individual or Veterinarian. Please attach an additional sheet if needed.)

Your membership will include your listing by name and area. If you would like to receive all the member benefits but would rather remain anonymous, please check this box :

I, the undersigned, hereby apply for membership to the Association of Canine Water Therapy (ACWT). I agree to abide by the ACWT Code of Ethics and Professional Conduct.

Signature

Date

**Please make checks or money orders payable in US Funds to the “ASSOCIATION OF CANINE WATER THERAPY” or “ACWT” and send this form with your payment to:
ACWT, 325 E. Washington Street - #237, Sequim, WA. 98382
or pay online at www.caninewatertherapy.com/paypal.html**

Please give this application to a friend!



The Splash !

Member Discounts & Benefits!

FLORIDA NORTH SWIM SPAS

Product: Swim Spas
Level of Membership: Facility Owners only
Discount Amount: \$500.00 off
Website: www.floridanorth.com
Contact Name: Bob and Dick

AMERIMERC POOL & SPA SUPPLIES

Product: Pool and Spa Supplies
Level of Membership: Facility Owners only
Discount Amount: 15% off
Website: www.amerimerc.com
Contact Name: Phil and Jim

EWATER.COM

Product: Innovative Health Alternatives (Etower for pools)
Level of Membership: All members
Discount Amount: Up to 25% off
Website: www.ewater.com
Contact Name: Fred Van Liew

ALL PETS GO TO HEAVEN

Product: Pet Products for everyday & our dearly departed pets
Level of Membership: All members
Discount Amount: 10% off
Website: www.allpetsgotoheaven.com
Contact Name: Teri Sahn

HAPPY DOG HEALTHY DOG

Product: Pet bakery and retail shop
Level of Membership: All members
Discount Amount: 10% off
Website: www.happydoghealthydog.com
Contact Name: Diane Mayer

ANIMAL WELLNESS MAGAZINE

Product: Magazine devoted to natural & holistic health for animals
Level of Membership: All members
Discount Amount: \$9.95 for 6 bi-monthly issues
Website: www.animalwellnessmagazine.com

ANIMAL SUSPENSION TECHNOLOGY

Product: AST Support Suit is a support harness for injured, weak or disabled dogs
Level of Membership: All members
Discount Amount: 10% off
Website: www.petsupportsuit.com
Contact Name: Eric and Victoria Swisher



K-9 KOZY POOL WRAP

Product: Lightweight & absorbent Pool Wrap for your dog
Level of Membership: All members
Discount Amount: 20% off
Website: www.k9kozy.com
Contact Name: Alison White of The Total Dog Spa



SAM'S DOG HUT

Product: Doggie Rehab and Doggie Swimwear Wraps
Level of Membership: All members
Discount Amount: 10% off
Website: www.samsdoghut.com
Contact Name: Sheila Palme



NORTHWEST SCHOOL OF ANIMAL MASSAGE

Product: Certification training in animal massage
Level of Membership: All members
Discount Amount: 10% off for Facility members and 5% for all other members
Website: www.nwsam.com



REAR BOOSTER

Product: Post-surgical rehabilitation sling
Level of Membership: All members
Discount Amount: Buy 5, Get one free plus free shipping
Email: indianajonahslings@sbcglobal.net
Contact Name: Barry Vanslager



SPAW DOG ROBE

Product: Chamois dog robe for drying or cooling
Level of Membership: All members
Discount Amount: 20% off for all members
Website: http://stores.ebay.com/Spaw-Dogs
Contact Name: Rebeca Berni of Cottage Spaw

RUFF WEAR

Product: Life Jackets, Packs, Boots, Bowls, Collars, Leashes and more for dogs on the go!
Level of Membership: All members
Discount Amount: Pro Purchase Program usually provides a discount of about 50% (not for resale purposes)
Website: www.ruffwear.com





The Splash!

Member Directory

Please visit www.caninewatertherapy.com for detailed informational listings for each of the members listed below

FACILITIES—UNITED STATES



CALIFORNIA

The Total Dog Spa
Oceanside

DELEWARE

Happy Dog Healthy Dog
Wilmington

GEORGIA

Just Pets Veterinary Hospital
Cumming
Wag-N-Swim
Atlanta

HAWAII

Nalo's Healing Arts for Animals
Kailua

ILLINOIS

Naperville Kountry Kennels, Inc.
Naperville
Sit, Stay, Swim
Roscoe

INDIANA

Joshica's Planet Canine LLC
Elkhart

MASSACHUSETTS

AquaDog, Inc.
West Roxbury

MARYLAND

Canine Fitness Center
Crownsville

MINNESOTA

K9 Hydrotherapy Inc.
St. Louis Park

NEW HAMPSHIRE

Doggie Dome Swim Spa
New Durham

OHIO

Red Dog Pet Resort & Spa
Cincinnati

SOUTH CAROLINA

Padding Paws K-9 Swim Center
Summerville

TEXAS

DogWater Spa
Houston

VIRGINIA

Liberty Hill Pet Resort
Bealeton

Paws To Swim
Rockville

WASHINGTON

All Dogs Pool & Spa
Tulalip

Aquadog Spa, Inc.
Kent

Doggone Day Spaw, LLC
Woodinville/Sammamish/Various

Happy Tails Resort & Spa
Auburn

Heavenly Spa
Fall City

K9 Aquatics, Inc.
Sammamish

La Paw Spa LLC
Sequim, Fall City and Sammamish

Lap of Luxury
Lynden

Mega-Dogs
Woodinville

Pampered Paw Swim Spa LLC
Enumclaw

**Spawz Doggie Day Care
& Fitness Center**
Seattle

SplashDog Spa
Edmonds

Sumner Veterinary Hospital
Sumner

**Unsinkable Dogs:
K9 Warm Water Swim Center**
Ridgefield

FACILITIES—CANADA



ALBERTA

Pawsitively Pooched Ltd.
Calgary

The Dogs Aqua Therapy Ltd.
Edmonton

ONTARIO

**Ottawa Canine Rehabilitation
and Aquatic Center**
Ottawa

FACILITIES—INTERNATIONAL

AUSTRALIA

Dogoverboard
Adamstown, NSW

UNITED KINGDOM

Four Paws Aqua
Fratton, Portsmouth
Paddlepaws Hydrotherapy Pool
Longton, Preston, Lancashire
**Ramsey Canine
Hydrotherapy Centre**
Huntingdon, Cambridgeshire
Swimsafe Canine Therapies
Preston, Lancashire

Job Openings!

**NEW BENEFIT FOR
FACILITY OWNERS!**

Post your Job Opening within your
Directory Listing on the ACWT website!

Email sandy@caninewatertherapy.com
to request your free listing!



The Splash!

Member Directory

Please visit www.caninewatertherapy.com for detailed informational listings for each of the members listed below

THERAPISTS, CANINE SWIM SPECIALISTS & STUDENTS OF THE WORK

UNITED STATES

CALIFORNIA

- Trish Cohen ~ *Castaic*
- Cathy Chen-Rennie ~ *San Francisco*
- Louisa Craviotto ~ *Petaluma*
- Kim Cupp ~ *Santa Cruz*
- Suzy Godsey ~ *Santa Barbara*
- Penny Heer ~ *Santa Barbara*
- Linda McNamara ~ *Vista*
- Heidi Miller ~ *Santa Cruz*
- Christy Tattersall ~ *Northridge*
- Alison White ~ *Oceanside*

DELEWARE

- Diane Mayer ~ *Wilmington*
- Cathy Toner ~ *Wilmington*

FLORIDA

- Suzanna Grace ~ *Davie*
- Hope LaMonica ~ *West Park*
- David Lyons ~ *Gulf Breeze*
- Julie Mistretta ~ *Ramrod Key*

GEORGIA

- Lou Avant, DVM ~ *Cumming*
- Joyce Clemens ~ *Marietta*
- Joy Dillingham ~ *Atlanta*
- Eva Gellert ~ *Atlanta*
- Melony Phillips ~ *Acworth*
- Caryn Schnellinger ~ *Lawrenceville*

HAWAII

- Wendi Crandall-Amidon ~ *Kailua*

IOWA

- Aleksandra Mikic ~ *Adel*
- Michelle Moran ~ *Cedar Rapids*

ILLINOIS

- Cherie Hogland ~ *Roscoe*
- Jean Li Petri ~ *Naperville*

INDIANA

- Maggie Lump ~ *West Lafayette*
- Pamela Mendenhall ~ *Elkhart*

MARYLAND

- Maury Chaput ~ *Crownsville*
- Laurie Duperier ~ *Bethesda*

MASSACHUSETTS

- Carolyn MacDonald ~ *Taunton*
- Pamela Tewes ~ *West Roxbury*

UNITED STATES

MINNESOTA

- John Lambert ~ *St. Louis Park*
- Joy Lewanski ~ *Hastings*

NEW HAMPSHIRE

- Melody Horne ~ *New Durham*

NEW JERSEY

- Dr. Colleen Mulryne ~ *Jackson*

NEW MEXICO

- Mickey Rogers ~ *Sante Fe*

NORTH CAROLINA

- Jane Ballard ~ *Durham*

OHIO

- Sherry Agar ~ *Wyoming*
- Sandy Hodges ~ *Cincinnati*
- Jeanette Jurrens ~ *Marysville*

OREGON

- Elizabeth Keneipp ~ *Beavercreek*
- Mindy Mulligan ~ *Portland/Vancouver Area*

PENNSYLVANIA

- Kelly Shaffer ~ *State College*
- Cherie Zercher ~ *Beaver*

SOUTH CAROLINA

- Terri Steely, RN ~ *Moncks Corner*

TENNESSEE

- Paula Patton ~ *Lenoir City*

TEXAS

- Kathy Glenney ~ *Houston*

VIRGINIA

- Peggy Conlon ~ *Vienna*
- Joanne Fletcher ~ *Midlothian*
- Deborah Logerfo ~ *Rockville*
- Mary Ann Robertson ~ *Bealeton*

WASHINGTON

- Megan Anderson ~ *Tulalip*
- Joyce Biethan ~ *Ridgefield*
- Patricia Cool ~ *Granite Falls/Fall City*
- Cindy Cornish ~ *Spanaway*
- Sylvia Eberlei ~ *Preston*
- Tonita Fernandez ~ *Enumclaw*
- Sandy Fisher ~ *Sammamish*
- Vonni Goetting ~ *Woodinville/Sammamish*
- Leigh Anne Hardy ~ *Edmonds*
- J Linn Black Henline ~ *Edmonds*

UNITED STATES

WASHINGTON cont.

- Cindy Hickman ~ *Kent*
- Janice Hill ~ *Kingston*
- Erin Hopkins ~ *Snohomish*
- Cindy Horsfall ~ *Sequim/FallCity/Sammamish*
- Karen Hunter ~ *Woodinville*
- Debbie LaMonica ~ *Des Moines/Edmonds*
- Carrie Lane ~ *Lynden*
- Barbara Lierson ~ *Auburn*
- Beth Meyer ~ *Auburn*
- Cassie Sawyer ~ *Seattle/Kent/Fall City*
- Rema Strauss ~ *Milton*
- Ann Marie Shields ~ *Seattle*
- Carol Swindaman ~ *Redmond/Fall City*
- Karen Theusen ~ *Ferndale*
- Judi Truskey ~ *Vancouver*
- Linda Voelker ~ *Sammamish/Woodinville*

CANADA

ALBERTA

- Melba Ayres ~ *Edmonton*
- Tracy Barbet ~ *Calgary*
- Sandy Busse ~ *Edmonton*
- Carrie Smith ~ *Calgary*
- Brenda Williams ~ *Calgary*

BRITISH COLUMBIA

- Lynda Coote ~ *Gibsons*
- Tanya VanderHammen ~ *Vancouver*

ONTARIO

- Alex Debolt ~ *Ottawa*
- Annette Fitterer-Winter ~ *Burlington*

INTERNATIONAL

- Edi Giovanna Accornero ~ *Italy*
- Anne Johnson ~ *United Kingdom*
- Jeannette Kirk ~ *N. Ireland*
- Evelyn Lee ~ *United Kingdom*
- Xanthe Randall ~ *United Kingdom*
- Cheryl Shaw ~ *Australia*
- Karen Standen ~ *United Kingdom*
- Anna Tong ~ *Singapore*



The Splash !

Member Directory

SUPPORTING VETERINARIANS

Animal Healing Center

On Staff: Dr. Larry Siegler
Business Phone: 425-885-5400
Location: Redmond, WA
Website: www.animalhealingcenter.com

Mobile Veterinary Services

On Staff: Dr. Tina Ellenbogen
Business Phone: 425-485-7387 (PETS)
Location: Bothell, WA
Email: drtina@caninewatertherapy.com
Website: http://hometown.aol.com/drtinavet/myhomepage/profile.html

Puget Sound Animal Hospital for Surgery, P.S.

On Staff: Dr. Mark Engen & Dr. Byron Misseghers
Business Phone: 425-827-5686
Location: Kirkland, WA

Sumner Veterinary Hospital

On Staff: Dr. Kathy Sheeran
Business Phone: 253-863-2258
Location: Sumner, WA
Email: mksheeran@sumnervet.com
Website: www.sumnervet.com

SUPPORTING BUSINESSES

Animal Suspension Technology

Owner: Eric and Victoria Swisher
Business Phone: 360-393-9891
Location: Bellingham, WA
Email: support@petsupportsuit.com
Website: www.petsupportsuit.com

Dynamite Specialty Products

Owner: Mary DeFillippo
Business Phone: 425-290-2255
Location: Snohomish, WA
Email: maryfurhaven@earthlink.net
Website: www.dynamitemarketing.com

Gold Canyon Candle Distributor

Owner: Amy North
Location: USA
Email: anorth3@cox.net

SUPPORTING BUSINESSES

Joyce's Dog Obedience Services Inc.

Owner: Joyce Biethan
Business Phone: 206-819-7297
Location: Snohomish, WA
Email: joycesdogs@gmail.com
Website: www.joycesdogs.com

Mystic Mountain Retreat

Owner: Cindy Hill
Business Phone: 360-794-6388
Location: Monroe, WA
Email: mysticmountainretreat@hotmail.com
Website: www.mysticmountainretreat.com

NW School of Animal Massage

Owner: Lola Michelin
Business Phone: 877-836-3703
Location: Fall City, WA
Email: info@nwsam.com
Website: www.nwsam.com

Pawsitively Styling

Owner: Dawn Farmer & Tim Gillam
Business Phone: 360-435-5421
Location: Arlington, WA

Pension Design & Admin., Inc.

Owner: Doris Kopp
Business Phone: 425-868-1230
Location: Redmond, WA
Email: doris@pensiondesign.com
Website: www.pensiondesign.com

Raintree Enterprises, LLC

Owner: Barry Vanslager, LLC
Business Phone: 574-674-0411
Location: Granger, IN
Email: indianajonahslings@sbcglobal.net

River City Rover

Owner: Katherina French
Business Phone: 804-335-5474
Location: Richmond, VA
Email: rivercityrover@mac.com
Website: www.rivercityrover.com

Ruff Wear, Inc.

Business Phone: 888-783-3932
Location: Bend, OR
Email: luckydog@ruffwear.com
Website: www.ruffwear.com

SUPPORTING BUSINESSES

Sam's Dog Hut

Owner: Sheila Palme
Business Phone: 715-262-4566
Location: Prescott, WI
Email: samsdoghut@centurytel.net
Website: www.samsdoghut.com

Synchronicity

Owner: Charlie Comstock
Business Phone: 360-461-3155
Location: can service anyone, anywhere
Email: charliecomstock@msn.com

SUPPORTING FRIENDS

Nicholas, Heidi & John
Natasha and Pavel
Catherine Lisa Van Camp
Jean & John Horsfall
Gretchen & Gunther
Scout, Ellie, Andy, Two-Bits,
Sheba and Anita Gehring
Kathe Roat
Lisa and Honey
Leo, Kathy & Guido
Ani & Mister Magoo Grudin
Kim Biethan
Kathleen Keyes



Please visit
the Directories at:
www.caninewatertherapy.com
for detailed informational listings
for each of the members listed.